

COAST TO COAST HIGHLIGHTS

ENGLAND

BRAG
BIG

...WOW-MAZINGS
100% INCLUDED



WALKING IS ONLY PART OF THE ADVENTURE



- ECO CERTIFIED ECOTOURISM - GLOBAL SUSTAINABLE TOURISM COUNCIL MEMBER -
- 21 AUSTRALIAN AND STATE RECOGNISED TOURISM EXCELLENCE AWARDS -

Prepare yourself for wow-mazing on our England Coast to Coast highlights pack free walk

Explore the Lake District, Yorkshire Dales and North York Moors. Two coasts, three national parks and the chance to cross an entire country are just some of the features that make the Coast to Coast walk in England an enduring classic. Known as the C2C walk by the locals, this walk links the Irish and North Seas, and is a testament to the passion of Britain's most famous walker Alfred Wainwright. Wainwright advises walkers to dip a boot in the Irish Sea at the start of the walk and dip a toe in the waters of Robin Hood's Bay at the walk's end.

To walk the entire 300 km Coast to Coast walk, would take around 15 days to complete, walking long days of 20 – 25 kms per day. Life's An Adventure has created a unique and exclusive 8 day itinerary. Our walk covers a maximum of 131 kms, with the flexibility to walk shorter days or opt out of any day's walking and enjoy free time in the villages or towns we visit. Our walk is specifically designed for Australian travellers to maximise their travel time, by showcasing the best sections of this walk and avoiding the mundane parts. Our walk takes us across the country from coast to coast, exploring by foot the spectacular mountains, the stunning Lake District, the Yorkshire Dales and the North York Moors National Parks.

We have handpicked stunning locations to stay each night, from a grand castle to quirky hotels with amazing views. Indulge in wonderful dining experiences showcasing local produce and magnificent wines. Another great walk to add to your ever-growing bucket list!



BRAG BIG

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We carefully design our walking experience to add "Wow" factors to every tour. These additional activities will enrich your tour and provide a walking experience that you couldn't create on your own, allowing you to reach remote areas that you normally couldn't get to in a day. On our England Coast to Coast Highlights pack free walk, you'll have the opportunity of included wow-mazing experiences you'll want to brag big about to everyone who'll listen to you!

CASTLE STAY

It's not every day an Australian gets to stay in a castle so we couldn't resist including this experience in our walking itinerary. The boutique Augill Castle will be a highlight stay for your walk. The ambiance of the castle is far from formal and reserved. Its owners Wendy and Simon, will make you feel it's home away from home with good old fashioned English hospitality.

PRIVATE DINNER

On Day 4, you'll enjoy a dinner at Augill Castle cooked by your very own private chef. Their gastronomy ethos seeks to marry the best flavours and dishes from their travels from around the world with the finest of local produce. The castle sits at the centre of a small working estate, where cattle, sheep and pigs are raised with the aim of producing the castle's own meat, shortening the journey from field to fork.



Here's what is included in your England Coast to Coast Highlights 8 day pack free guided walk

When you walk with Life's An Adventure you can be sure that our aim is to deliver a tour beyond your expectations. We believe our tours offer exceptional value for money, with all the creature comforts you are after.

When comparing other tours in this region, be sure you check that you don't have to carry your own gear and that your accommodation is not a long distance from where you are walking. This is a Pack Free walk – so you'll carry as little as your water and camera each day, because we take your overnight bags for you to your accommodation.

Enjoy our genuine all-inclusive tour with no hidden extras.

WALKING TOUR INCLUSIONS

- Pack Free fully supported walk with no heavy packs to carry.
- 1 night accommodation at Ennerdale Country House Hotel.
- 1 night accommodation at Wordsworth Hotel and Spa.
- 1 night accommodation at Inn on the Lake, Ullswater.
- 1 night accommodation at Augill Castle, Kirkby Stephen.
- 1 night accommodation at The Burgoyne Hotel, Reeth.
- 1 night accommodation at The Kings Head Hotel, Richmond.
- 1 night accommodation at Gisborough Hall Hotel, Gisborough, North Yorkshire.
- 7 x hot and cold breakfasts.
- 8 x lunches.
- 7 x restaurant dinners every evening featuring local produce.
- Complimentary wines with evening meals.
- Professional and passionate guides.
- Return transfers to and from Manchester.
- Celebration lunch at Robin Hood Hotel at the legendary Wainwright's Bar.

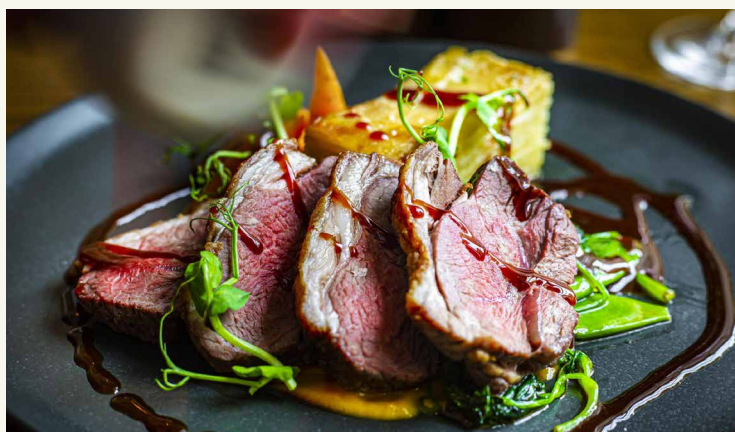
NOTE

Due to unforeseen circumstances, we may need to change accommodation types which are different to the ones we've included in this brochure. Please see our website for any changes or updates.

Walking is only part of the adventure - there's also the fabulous local produce, wines and accommodation you'll experience too as included 'wows'.

On this walk, you will indulge in superb English dining with perfectly matched wines. Just one of the many highlights, is the dinner at Augill Castle cooked by your very own private using their own locally grown produce.

As we walk along the Coast to Coast walk, our evening's accommodations offer some of the best of each region's cuisine and wine it has to offer. If you love your food and wine, you'll love this tour!



Stay in true English style with 3, 4 and 5 star castle and hotel accommodation

A highlight of your walk will be stunning stays in charming English accommodation. In each region we walk, we have handpicked the best accommodation to ensure we give a wow-mazing experience for our guests – such as the Augill Castle, a lovingly restored castle set amongst 20 acres of grounds. All our accommodation comes with beautiful rooms and also have ensembles – perfect to enjoy a comfy and relaxing night's sleep to be energised for your next day's walk.



ENNERDALE COUNTRY HOUSE HOTEL
1 night stay in Cleator.

You'll spend the evening at the charming Ennerdale Country House Hotel which is set amidst 5 acres of manicured gardens. This Country House has been painstakingly restored and features cosy fireplaces, a relaxing bar and the Fountain Room restaurant where we will enjoy dinner featuring local produce and superb wines. Guests will stay in well appointed ensuite bedrooms - all with their own designed decor.



WORDSWORTH HOTEL OR DAFFODIL HOTEL
1 night stay in Grasmere, Lake District

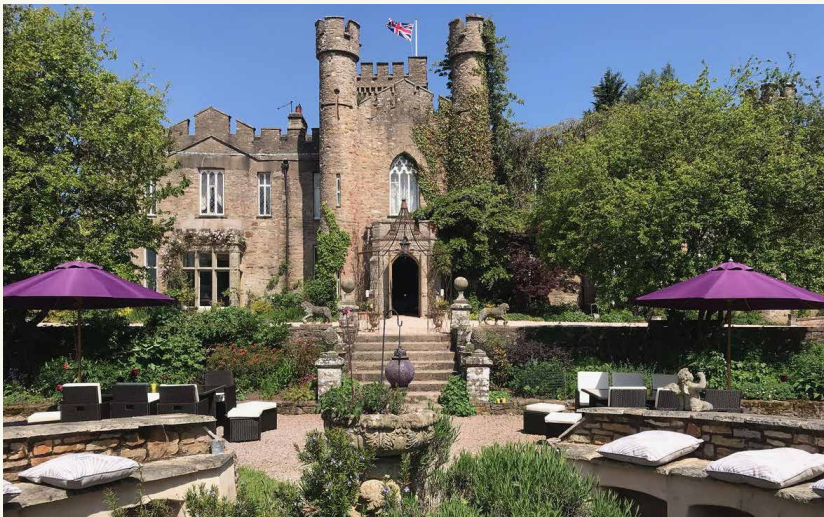
Guests will stay at either The Wordsworth Hotel & Spa or The Daffodil Hotel & Spa. Please see individual departure dates for details. Both are situated in the picturesque village of Grasmere in the Lake District. Nearby is an array of charming village shops and cafes. Our guests will stay in stylish rooms with ensembles and superb furnishings. In the evenings, guests will dine in the hotel's restaurant with matching wines.



INN ON THE LAKE

1 night stay in Ullswater, Lakes District

Situated in one of the most spectacular settings of the Lake District, the luxurious Inn on the Lake Hotel is our accommodation on night three of our walk. Set amidst 15 acres of beautiful gardens, this waterfront hotel, in the tranquil village of Glenridding, offers magnificent views over stunning Lake Ullswater. Guests will enjoy elegantly appointed rooms with ensuites. In the evening enjoy dinner in the award-winning Lake View Restaurant with fine wines.



AUGILL CASTLE

1 night stay in Kirkby Stephens

Complete with turrets and towers, this boutique castle stay will be a highlight of our walk. Set amongst 20 acres of grounds, this lovingly restored castle has a myriad of quirky rooms including a drawing room, great hall, dining room, music room, library, the Great British Bar and a mini cinema room. Each bedroom has its own character furnished with an eclectic mix of antique furniture and contemporary pieces as well as deep old fashioned baths. In the evening, enjoy dinner from the castle's own farm and local produce and matching wines.



THE BURGOYNE HOTEL

1 night stay in Reeth

This luxury Georgian Country Hotel is nestled in the heart of the village of Reeth. Overlooking the village green with beautiful views over Swaledale Valley, this charming 5 star hotel has been tastefully refurbished with stylish furnishings and superb facilities. Each room in the hotel has its own unique charm and decor - all featuring stylish ensuites. In the evening, dine in the hotel's 1783 Bar and Restaurant. Enjoy a creative menu of high quality fresh, locally sourced ingredients created by the resident chef with matching wines.



THE KING'S HEAD HOTEL
1 night stay in Richmond

Situated in a prime position, the iconic King's Head Hotel is the most central hotel in Richmond and is right in the heart of this town overlooking the main square. The building was originally built as a town-centre mansion in 1720 by a local lead-mine owner. It's been welcoming guests for over 200 years and was the preferred hotel for the elite. Today, this tastefully renovated hotel provides the perfect combination of old-world charm and modern facilities. Guests will stay in Superior Rooms, which are spacious and come with ensembles, bathrobes and slippers. In the evening enjoy dinner from the restaurant made from fresh local produce and perfectly matched wines.



GISBOROUGH HALL HOTEL
1 night stay in Guisborough

In the heart of Yorkshire sits our accommodation for our last night, at the 16th century Gisborough Hall. This property is brim full of old-world charm and character. Relax in the cosy main lounge and bar area with its roaring log fires and enjoy the hospitality of this unique hotel. Each room has its own special character and decor as well as an ensuite. In the evening enjoy dinner from the restaurant made from fresh local produce and perfectly matched wines. Note: there are two departure dates with alternative accommodation. Please see our website for details or ask us.





DAY ONE

MANCHESTER TO THE COAST WALK ST BEES TO CLEATOR



WALK SNAPSHOT

DISTANCE: 14 kms
Easier option 8 km walk to Sandwith

HOURS: 4 hours with breaks

GRADE: Easy

FITNESS: Good

TERRAIN: 250m ascents



DAY ONE

MANCHESTER TO THE COAST WALK ST BEES TO CLEATOR

GETTING THERE

Guests will be required to fly into Manchester the day prior to the tour. Manchester is an international airport with connecting flights from many Asian cities and Dubai.

WALK ITINERARY

Meet your guides in the foyer of the Raddison Blue Edwardian Hotel in Manchester at 7.30am.

This morning we drive from Manchester to the coastal village of St Bees in Cumbria on the West Coast of England, a 3-hour drive.

St Bees is a small village with over 1000 years of history.

We head to the water to see the Coast to Coast monument near the lifeboat station and as Founder of the walk, Aldred Wainwright's advises, dip our boot in the Irish Sea to start the walk.

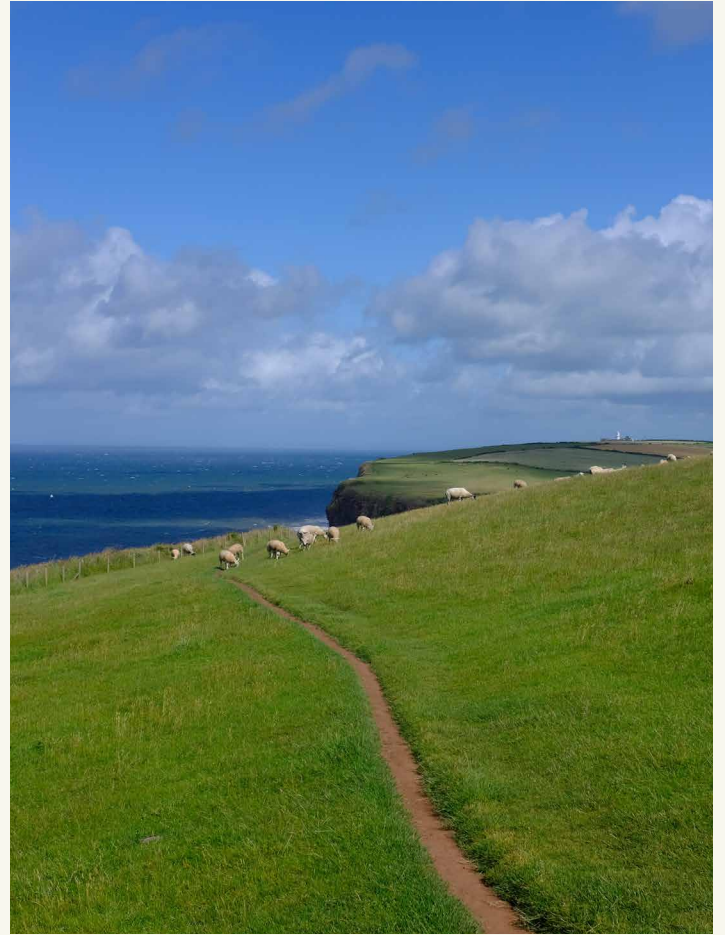
From here our walk follows the cliffs of St Bees Head for a few kilometres, which is renowned for its birdlife, before reaching St Bees Lighthouse.

We then turn inland to pass through the villages of Sandwith with its village green and quaint gardens, then onto Moor Row and eventually walk into our accommodation at Cleator in the beautiful West Cumberland Plain.

We spend the night at the charming Ennerdale Country House Hotel enjoying a superb dinner in the restaurant accompanied by wine.

EASIER WALK OPTION

For those that want a shorter walk today, you can enjoy an 8 kms walk to Sandwith where our vehicle will meet you and take you to the hotel earlier, where you can check-in and relax.



DAY TWO

LAKE DISTRICT - WALK ENNERDALE BRIDGE TO HONISTER PASS OR DAY AT LEISURE GRASMERE



WALK SNAPSHOT

DISTANCE: 19 kms
Or optional free day in Grasmere

HOURS: 6 hours with breaks

GRADE: Moderate

FITNESS: Good

TERRAIN: Ascent 765m. Descent 785m.



DAY TWO

LAKE DISTRICT - WALK ENNERDALE BRIDGE TO HONISTER PASS OR DAY AT LEISURE GRASMERE

WALK ITINERARY

This morning we enjoy an early breakfast before the short 10 minute transfer to the start of our walk at Ennerdale Water.

Today's walk showcases stunning scenery, as our path takes us along the pretty shores of Ennerdale Water.

This remote region is far less frequented by tourists than the other lakes that make up the Lake District and is well worth the effort.

From Ennerdale we enjoy a relatively flat walk to the remote Black Sail, before the steep ascent at Loft Beck and the stunning landscapes of Honister Pass.

From here we will transfer to the beautiful Lake District village of Grasmere (45 minutes).

Tonight we stay at the charming Wordsworth Hotel and Spa.

Set in the centre of Grasmere with quaint shops and cafes at your doorstep, enjoy time to explore this charming village.

Tonight we enjoy dinner in the hotel restaurant featuring traditional English cuisine with perfectly matched wines.

OPTIONAL ITINERARY

For those that don't want to walk today, enjoy a free day in the pretty Lake District town of Grasmere with its array of quaint shops and cafes.



DAY THREE

LAKE DISTRICT - WALK GRASMERE TO GLENRIDDING



WALK SNAPSHOT

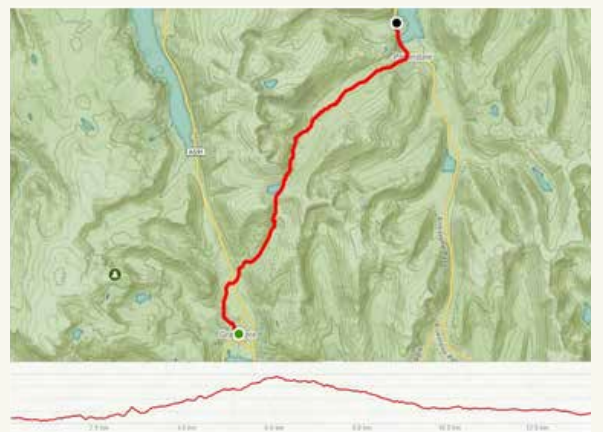
DISTANCE: 14.5 kms
Or optional free day in
Grasmere and Glenridding

HOURS: 6.5 hours with breaks

GRADE: Moderate

FITNESS: Good

TERRAIN: Ascent 600m. Descent 805m.



DAY THREE

LAKE DISTRICT - WALK GRASMERE TO GLENRIDDING

WALK ITINERARY

After breakfast, we continue our walking adventure through the Lake District from Grasmere to Glenridding.

The route ascends to the pass of Grisedale Hause and then head up and over St. Sunday Crag (840m) and down the valley to the charming Patterdale village.

Afterwards, we continue our walk from Patterdale into our hotel at Glenridding.

Our accommodation tonight is at the magnificent Inn on the Lake, Ullswater.

This 4-star hotel is set on a magnificent 15-acre property on the shores of Lake Ullswater offering breathtaking views and stunning gardens.

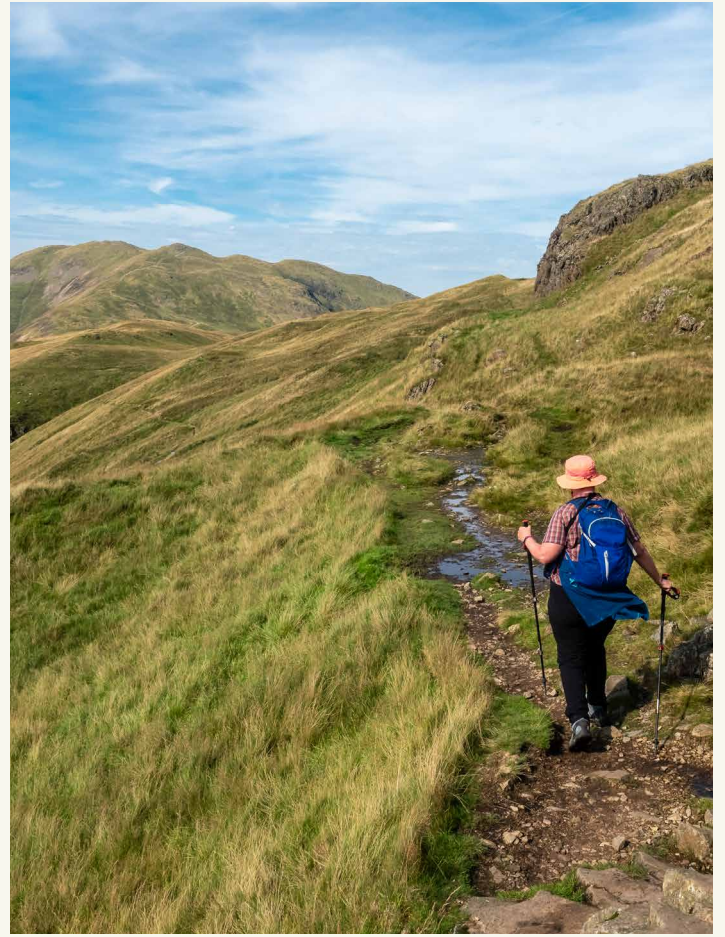
Tonight dine in the hotel's grand Lake View Restaurant featuring imaginative local cuisine served with wonderful wines.

NOTE

For fitter groups, we have the option to take a more challenging route via the summit of Helvellyn which takes an extra 2 hours (3 km extra).

OPTIONAL ITINERARY

For those that don't want to walk today, enjoy a free morning in Grasmere with its array of quaint shops and cafes and then arrive early in Glenridding to enjoy all the facilities of our lakeside hotel.



DAY FOUR

YORKSHIRE DALES NATIONAL PARK WALK ORTON TO KIRKBY STEPHEN



WALK SNAPSHOT

DISTANCE: 18 kms
Or easier option to walk near
Tar Moor 14 kms

HOURS: 6 hours with breaks

GRADE: Easy

FITNESS: Good

TERRAIN: Ascent and descent 536m



DAY FOUR

WALK ST PIERRE TO ESTAINING AFTERNOON WALK FONTROMIEU TO CONQUES

WALK ITINERARY

Enjoy a hearty breakfast before our transfer to the start of our walk (60 minutes) through the stunningly wild moorlands.

Beyond Sunbiggin Tarn is home to abundant birdlife, the route takes you into Smardale, a delightful valley through which a railway once passed and an impressive viaduct can still be seen.

Then it's over Smardale Fell and a descent into the quaint market town of Kirkby Stephen. We transfer to our accommodation (10 mins).

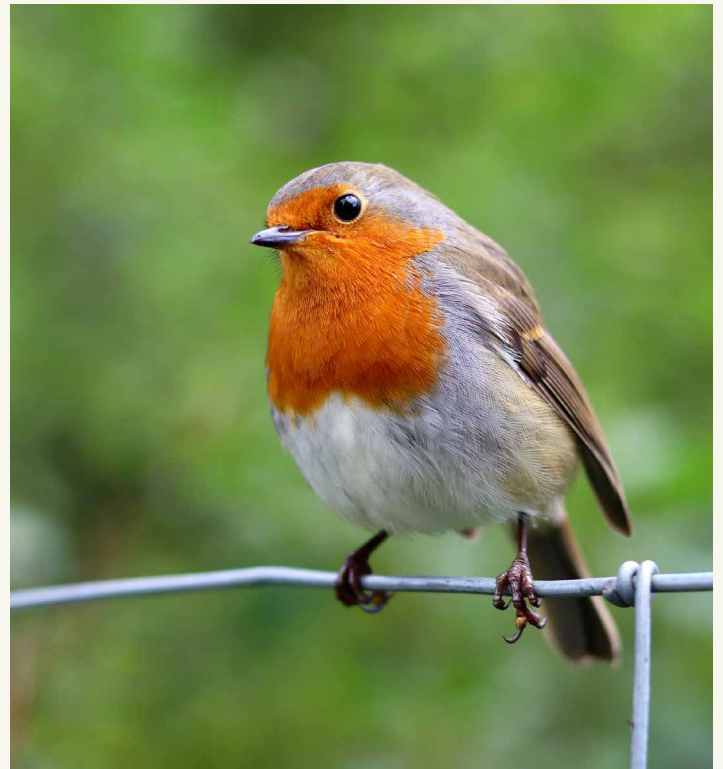
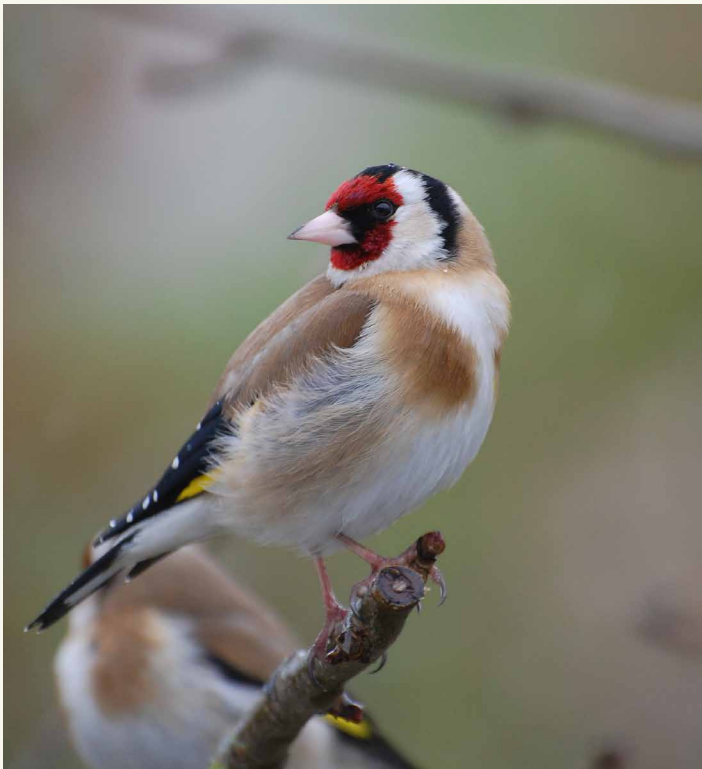
Tonight we stay in a boutique castle at Kirkby Stephens.

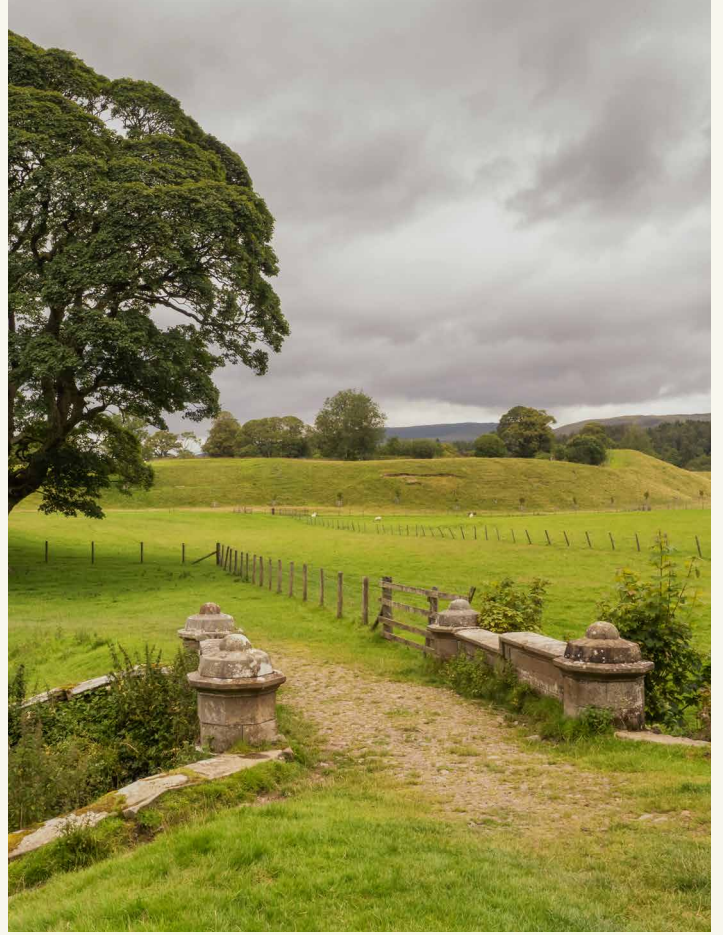
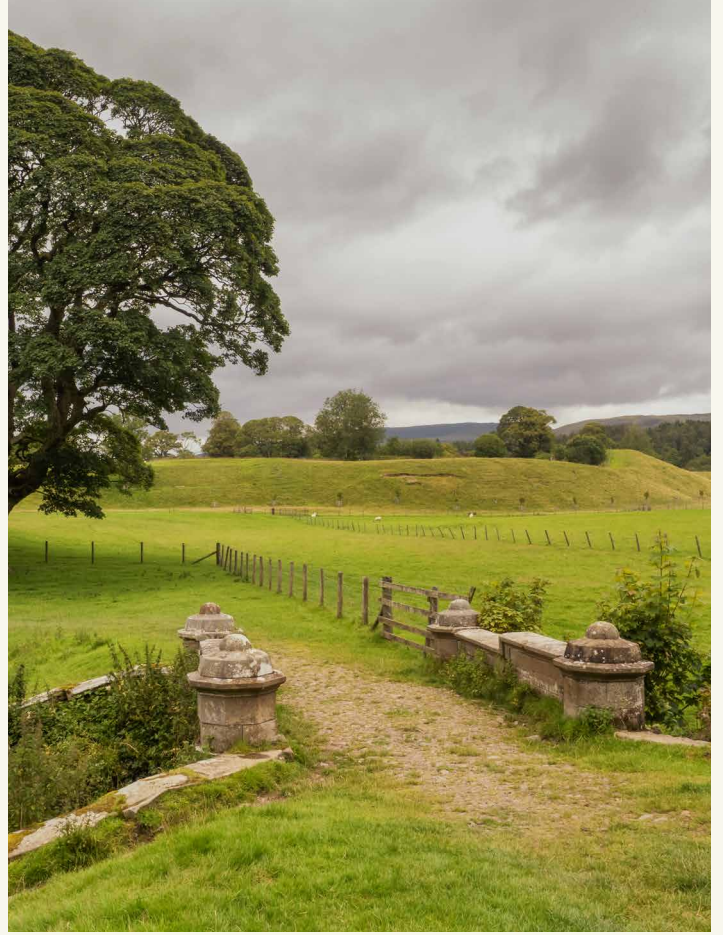
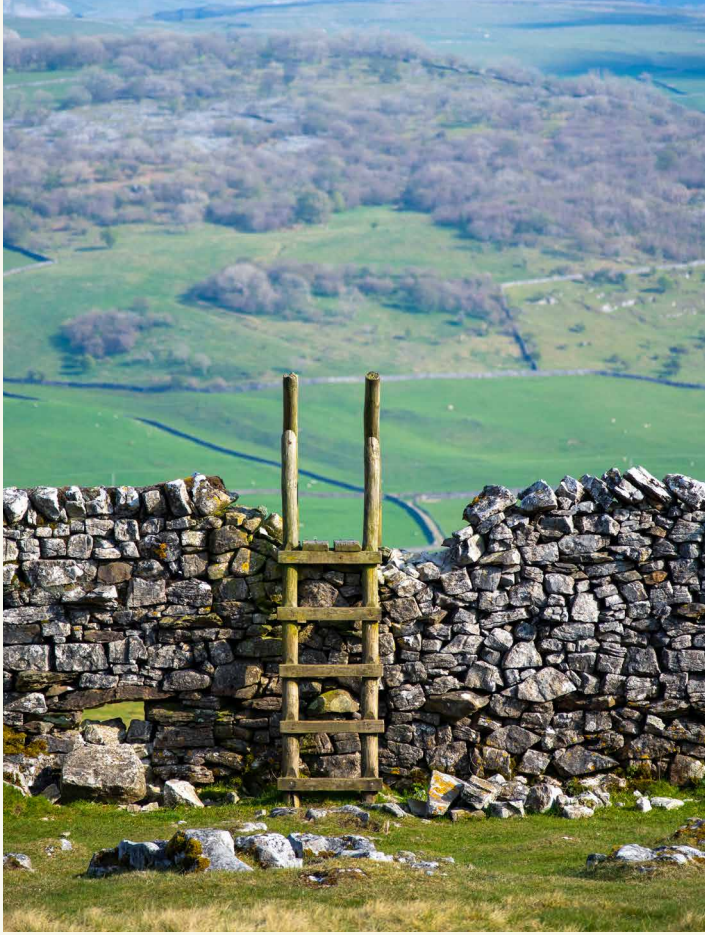
Augill Castle has been painstakingly restored to its former glory by its current owners. You'll love the warmth, charm and hospitality of this unique location.

Tonight enjoy dinner prepared by a private chef with local produce grown on their nearby farm.

EASIER WALK OPTION

For those that want a shorter walk today. Enjoy a 14 kms walk to near Tarn Moor. From here you can travel with our vehicle to the Castle earlier, where you can check-in and relax.





DAY FIVE

YORKSHIRE DALES NATIONAL PARK WALK KELD TO REETH



WALK SNAPSHOT

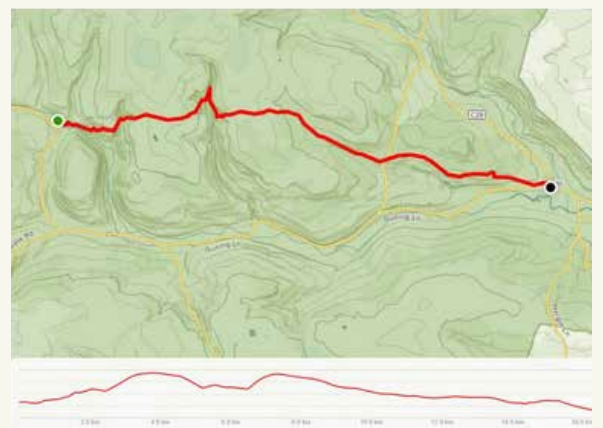
DISTANCE: 18 kms
Or easier option to walk 10 kms

HOURS: 5 hours with breaks

GRADE: Easy

FITNESS: Good

TERRAIN: Ascent 838m



DAY FIVE

YORKSHIRE DALES NATIONAL PARK WALK KELD TO REETH

WALK ITINERARY

This morning enjoy a delicious breakfast before we transfer to Keld to the start of our walk (30mins).

The tiny and tranquil village of Keld sits at the head of the Swaledale Valley.

Keld's landscape has four beautiful waterfalls as well as numerous old stone buildings. It was once the heart of a thriving mining industry when the population rose to 6000 in the 19th century.

On today's walk, you will delight in beautiful panoramas of rolling green hills, pretty rivers, along with abandoned stone farmhouses and mines.

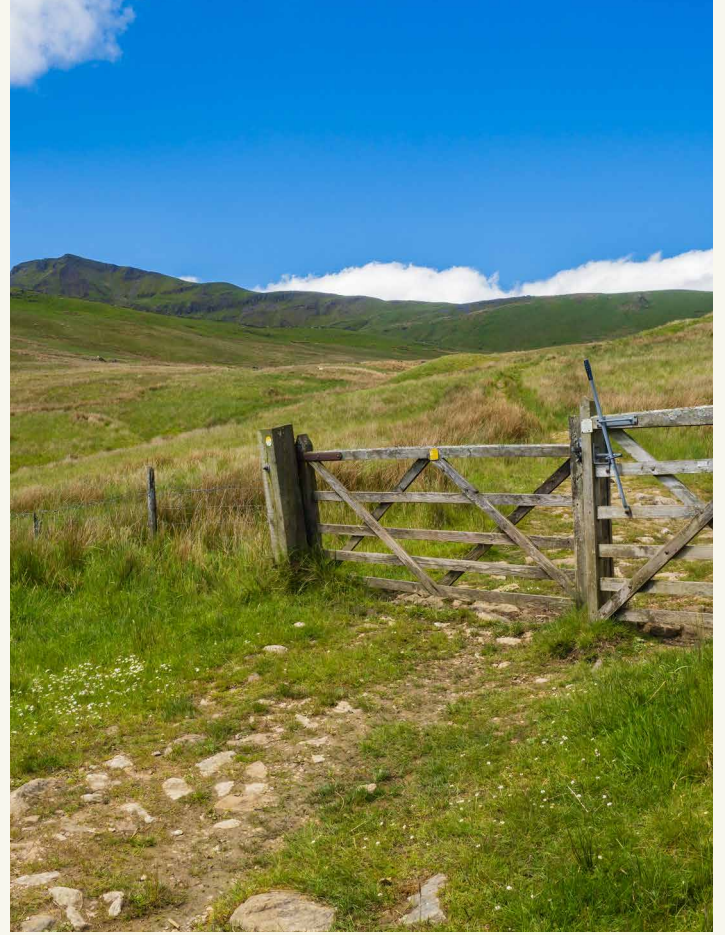
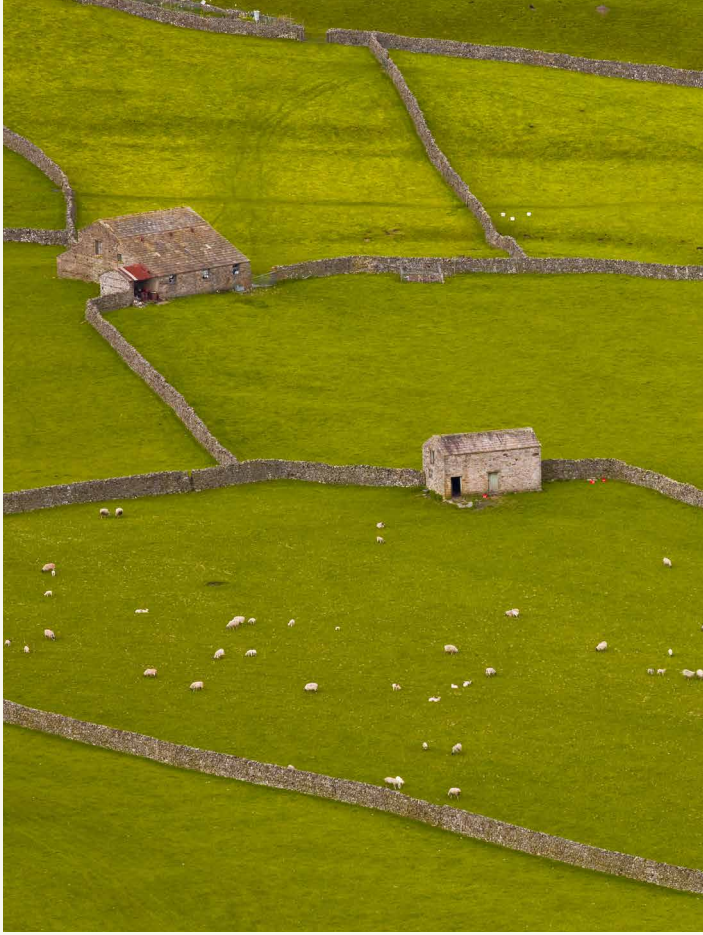
After lunch, in the cute village of Gunnerside, our walk continues on to the village of Reeth with its variety of shops.

We walk directly into our hotel at Reeth, the luxurious Burgoyne Hotel, a charming Georgian country house hotel overlooking the village green.

Tonight enjoy dinner in the hotel restaurant dining on delicious food featuring local produce and wonderful wine in the hotel's restaurant created by the resident chef, with a range of perfectly chosen wines.

EASIER WALK OPTION

For those that want a shorter walk today. Enjoy a 10 km walk to Gunnerside where we stop for lunch. After lunch you can travel with our vehicle to the hotel earlier where you can check-in and relax.



DAY SIX

YORKSHIRE DALES NATIONAL PARK WALK REETH TO RICHMOND



WALK SNAPSHOT

DISTANCE: 18 kms
Or easier option to walk 8 kms

HOURS: 4 - 6 hours with breaks

GRADE: Easy

FITNESS: Good

TERRAIN: Relatively easy and straight-forward walk with only a few ascents



DAY SIX

YORKSHIRE DALES NATIONAL PARK WALK REETH TO RICHMOND

WALK ITINERARY

Enjoy breakfast at the hotel before we start our walk today.

From the village of Reeth our walk takes us past Marrick Priory once a Benedictine nunnery in 1140. Little of this building has survived except for the tower.

Our path gradually climbs through woods and then grassy pastures. Along the way we pass through the villages of Marrick and Marske. We eventually arrive at the town of Richmond.

This beautiful Yorkshire Dales market town has an impressive Norman Castle and a large cobbled market place.

We spend the night at the Kings Head Hotel, Richmond.

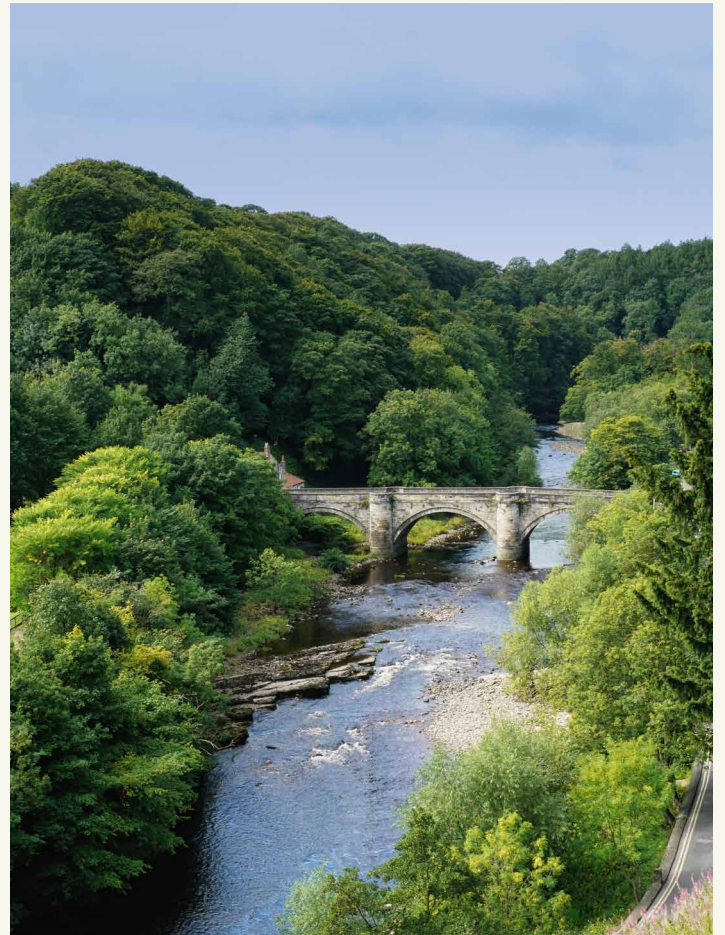
This hotel has a prime position in the market place square, and has the ideal combination of old-world charm and modern comforts.

Tonight we have dinner in the hotel restaurant featuring fresh local ingredients and perfectly matched wines to enjoy.

EASIER OPTION

For those after an easier option today, simply walk 8 kms from Reeth to Marrick. Our vehicle will meet you here and take you to Richmond, where you have the remainder of the day to explore this charming town.

Richmond has an impressive Norman Castle, as well as a number of pretty shops and cafes. Or you can visit the Georgian Theatre Royal Tour near the hotel.



DAY SEVEN

NORTH YORK MOORS NATIONAL PARK WALK OSMOTHERLEY TO CLAY BANK TOP



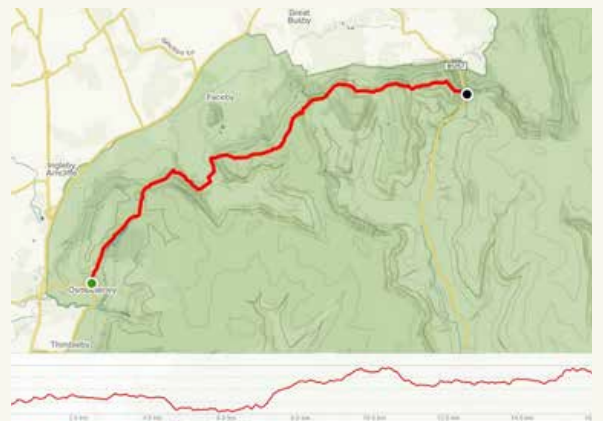
WALK SNAPSHOT

DISTANCE: 20 kms
Or easier option to walk 13 kms

HOURS: 6 hours with breaks

GRADE: Easy

FITNESS: Good



DAY SEVEN

NORTH YORK MOORS NATIONAL PARK - WALK OSMOTHERLEY TO CLAY BANK TOP

WALK ITINERARY

This morning enjoy breakfast at the hotel before transferring to our day's walk. (40 mins).

Today's walk takes us into the North York Moors with its rolling hills of purple heather.

The North York Moors are one of the largest expanses of heather moorland in the UK covering an area of 1436 square kilometres.

Our walk takes us through woodlands then climbs steeply up to the northern edge of the moors.

From here we take in the magnificent panoramic views.

We follow the undulating hills to Carlton Bank and arrive at Lord Stone Cafe for a break.

Afterwards, we continue our journey enjoying superb views all the way to Clay Bank Top, then transfer to our accommodation 30 minutes away.

Tonight we enjoy accommodation at Gisborough Hall Hotel in Gisborough.

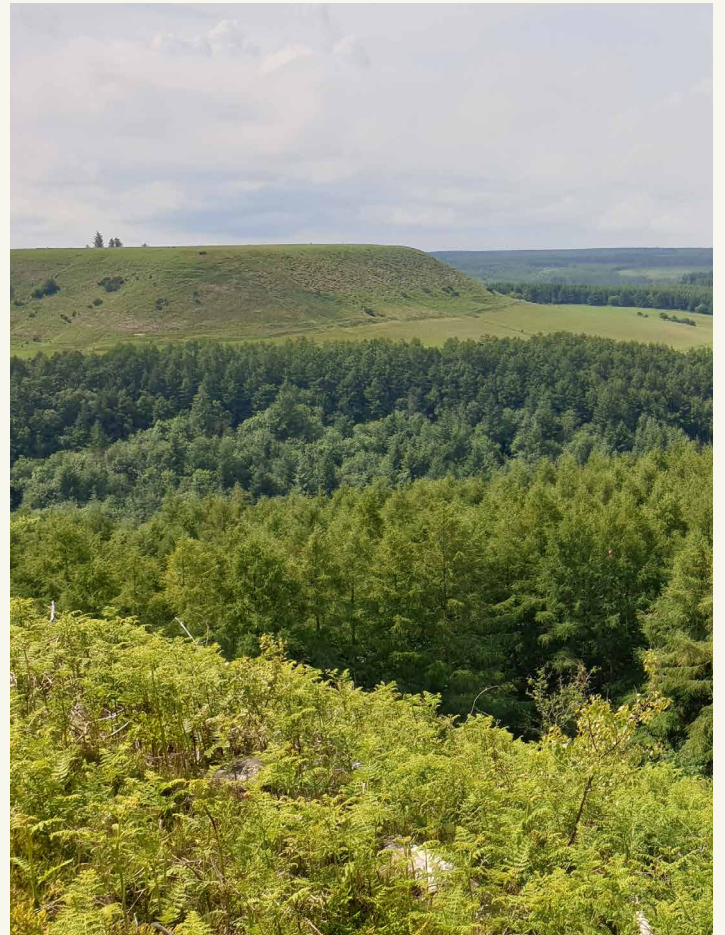
This 16th century property is full of old-world charm and character. Relax in the cosy main lounge and bar area with its roaring log fires and enjoy the warm hospitality and charm of this special property.

Each room at the hotel has its own special character and decor as well as ensuite.

Dinner will be in the hotel's stylish restaurant offering hearty Yorkshire fare and superb wines.

EASIER WALK OPTION

For those that want an easier option today, walk 13 km to Lord Stones Café, Carlton Bank. From here our vehicle will meet you and take you to your accommodation early.



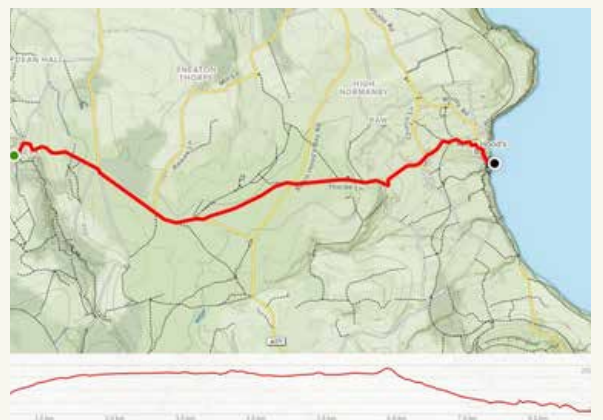
DAY EIGHT

THE COAST WALK LITTLEBECK TO ROBIN HOOD'S BAY



WALK SNAPSHOT

DISTANCE: 8.5 kms
HOURS: 2 hours with breaks
GRADE: Easy
FITNESS: Good



DAY EIGHT

THE COAST WALK LITTLEBECK TO ROBIN HOOD'S BAY

WALK ITINERARY

Enjoy breakfast before transferring to the start of the walk. (40 mins).

Today we begin at the village of Littlebeck, pass by the 'Hermitage' a huge boulder hollowed out to make a home near the 20m high Falling Foss Waterfall.

We walk through the last section of moors near Greystone hills before reaching the coast, where the trail takes us along a coastal cliff path into Robin Hood's Bay.

This stunning red-roofed village is set on the hillside overlooking the North Sea.

From here we descend down the narrow steep streets of the village until we eventually reach Wainwright's Bar at the Bay Hotel located on the harbour waterfront.

Here we will enjoy a celebratory lunch and take photos near the end's Coast to Coast plaque!

After lunch, we transfer our guests back to Manchester (2.5 hours) to join onwards flights or be dropped at their hotel.

PLEASE NOTE

This tour can be joined with our West Highland Way walk in Scotland which includes transfers from Robin's Hood Bay to Carlisle to visit Hadrian's Wall and enjoy overnight accommodation before travelling on to Glasgow the following day.





BOOK YOUR ENGLAND COAST TO COAST HIGHLIGHTS PACK FREE WALK TODAY

DEPARTURE DATES - MAY TO SEPTEMBER SEASON

Each year we run regular scheduled tours from May to September. The real time availability can be checked on our website below or call our office on (02) 9975 4553.

PRIVATE GROUPS

Groups of 8 or more can select a departure date of their choice. We advise booking as early as possible as dates fill up quickly. Ask us about Group Pricing.

INTERNATIONAL FLIGHTS

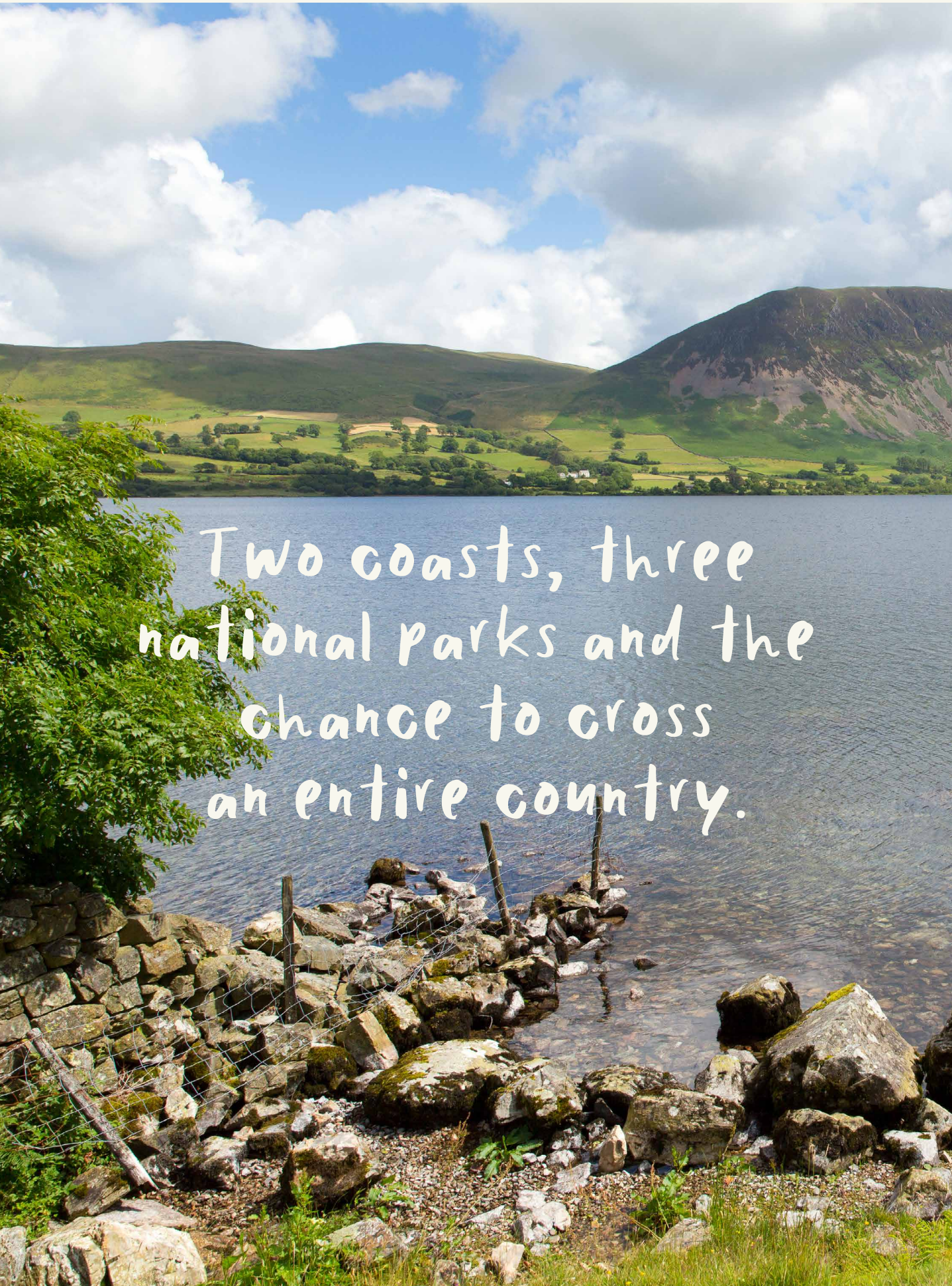
Please note your tour price does not include flights to / from the countries visited. We offer our clients a service to book their international flights and any other travel plans during their holiday.

If you would like our Flights Specialist to organise these requirements, please email us at flights@lifesanadventure.com.au with your requirements.

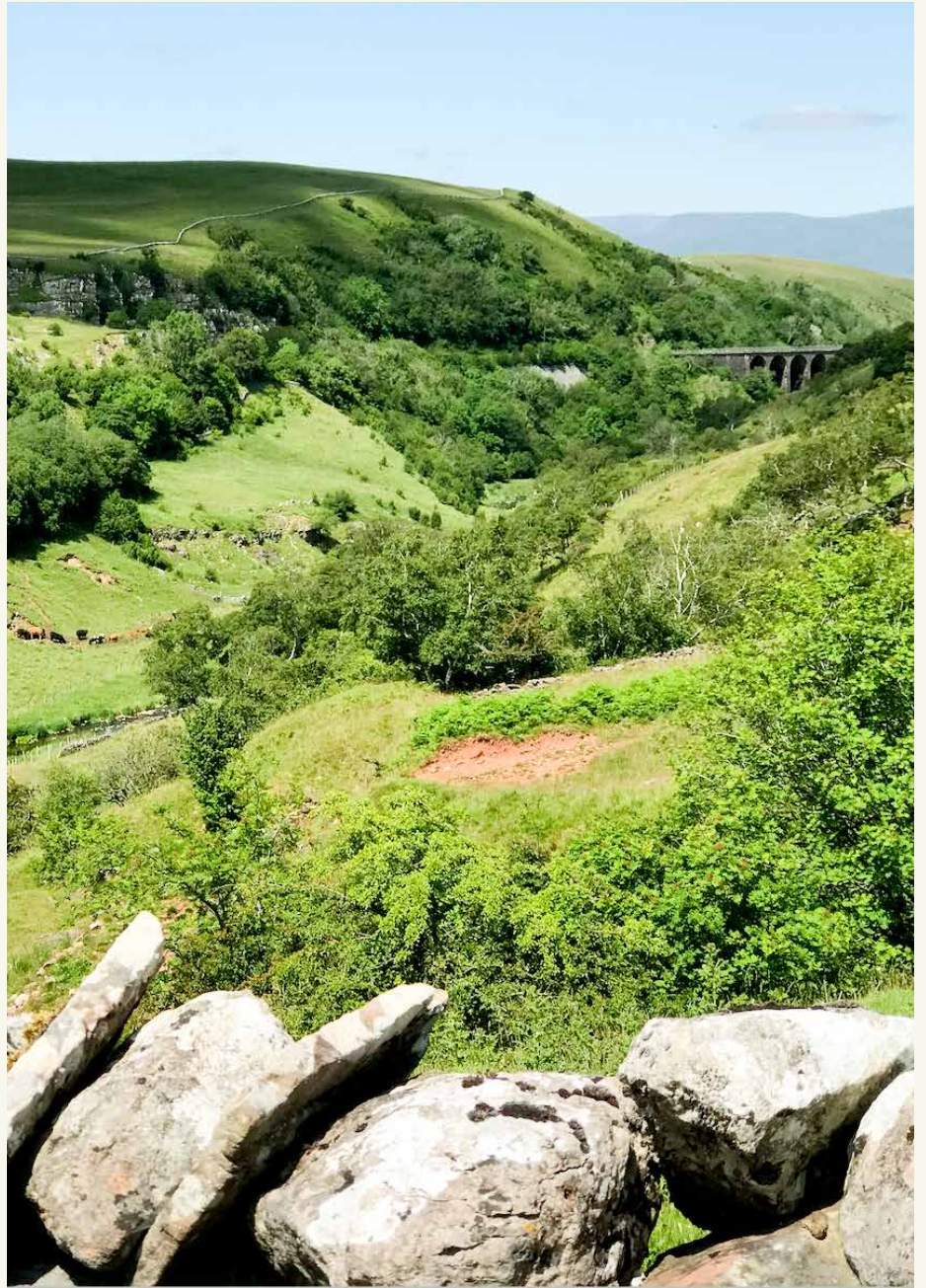
FOR AVAILABLE DEPARTURE DATES, SPECIAL OFFERS, PRICES AND BOOKINGS FOR THIS WALK CLICK HERE FOR... WWW.WOWMAZINGWALKS.COM.AU

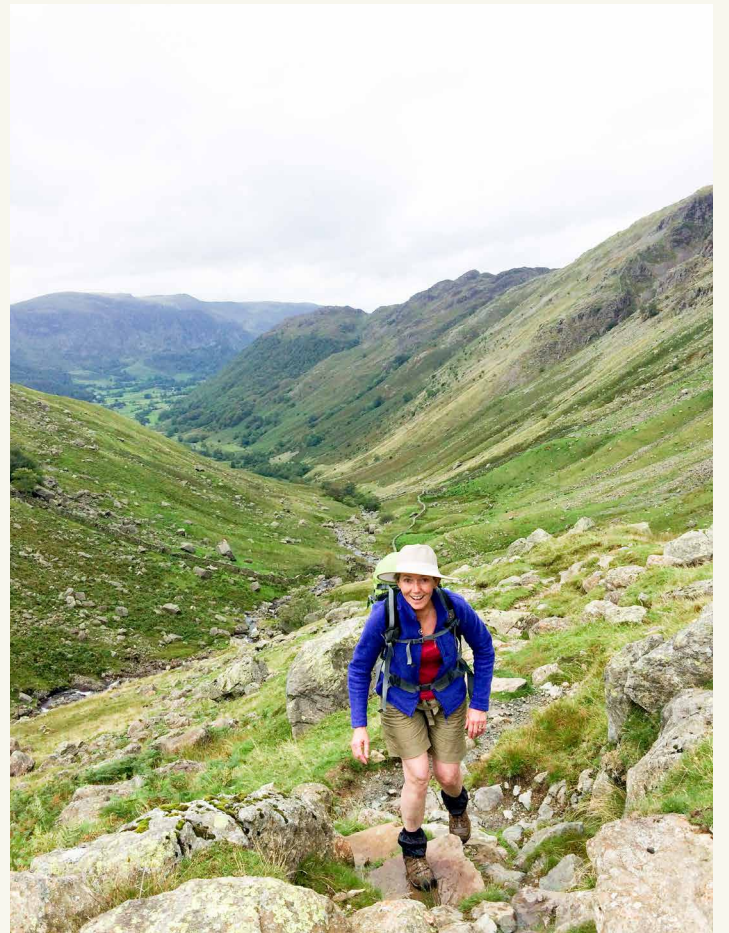
**GOT QUESTIONS? WE'LL ANSWER THEM.
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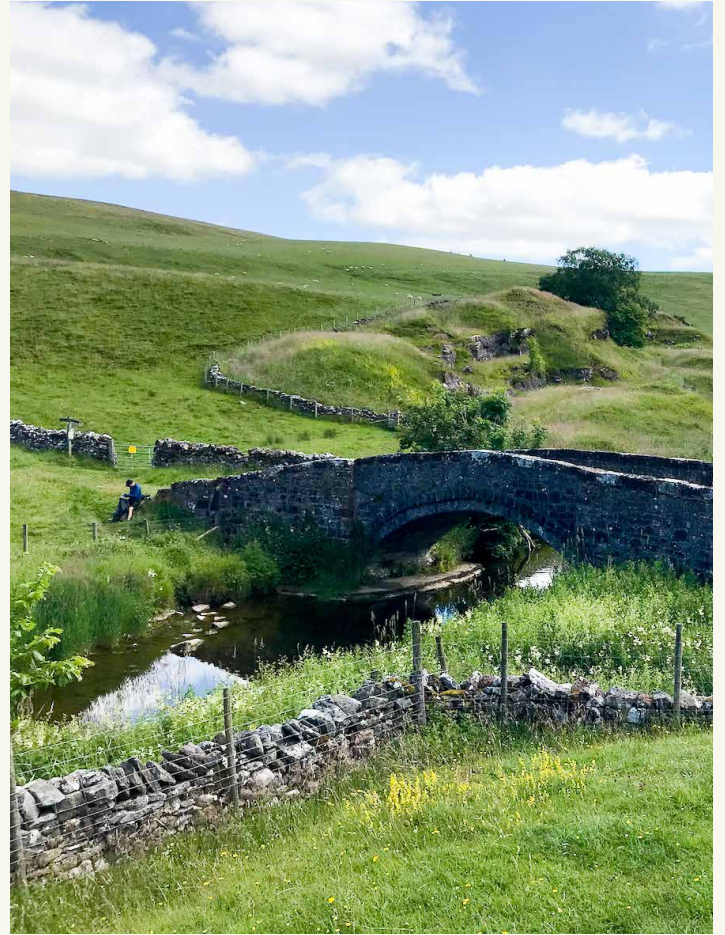


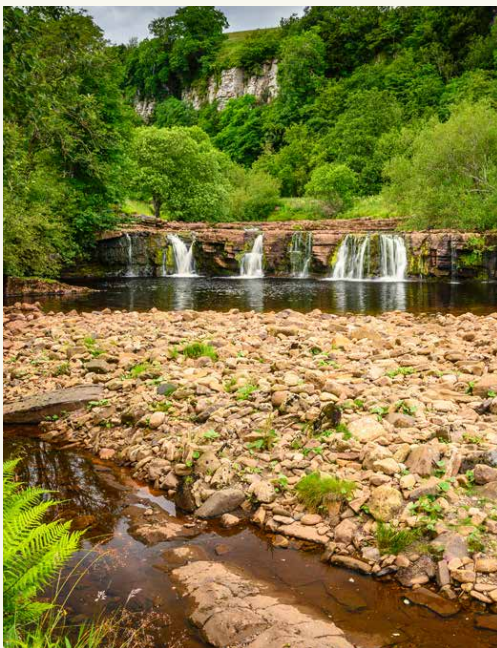
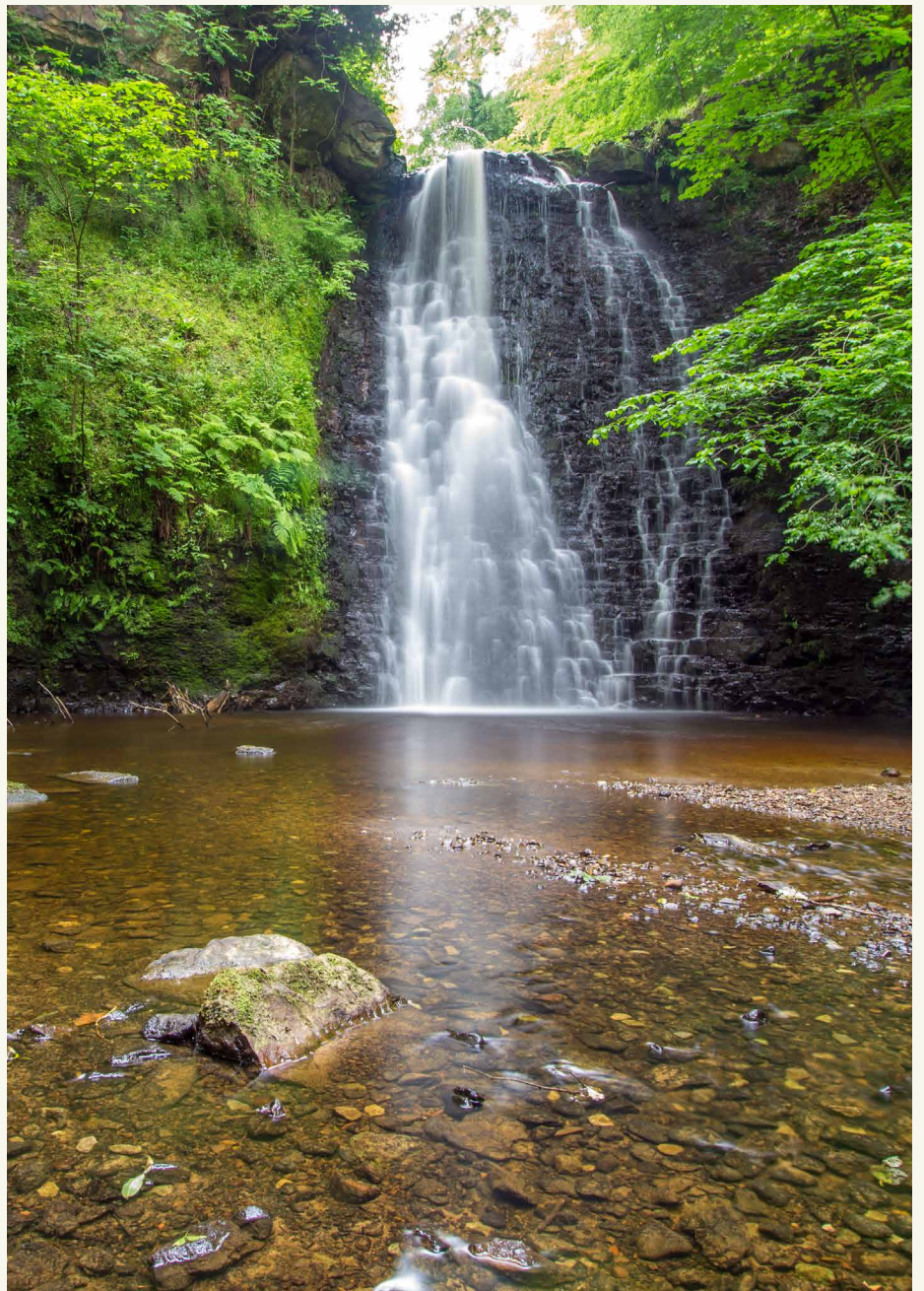
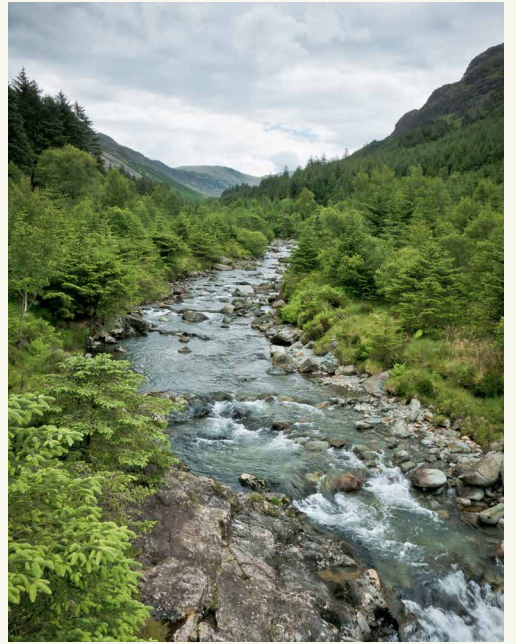


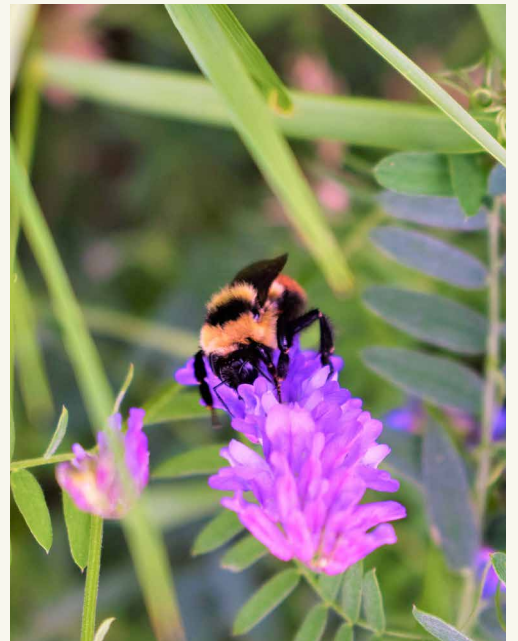
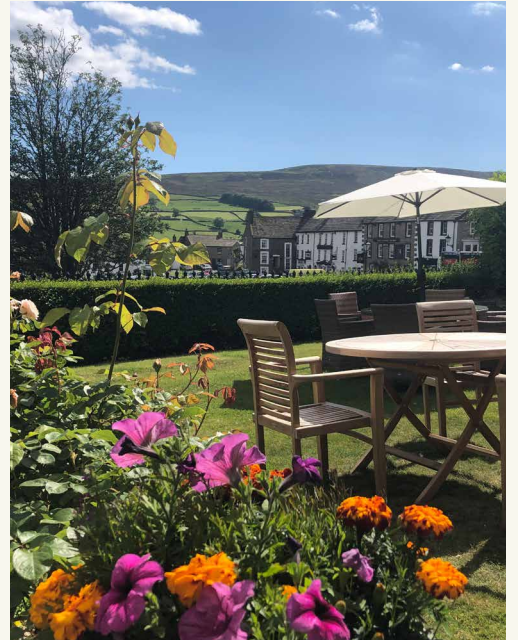
Two coasts, three
national parks and the
chance to cross
an entire country.













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Please note your tour price does not include flights to / from the countries visited. We offer our clients a service to book their international flights and any other travel plans during their holiday.

If you would like our Flights Specialist to organise these requirements, please email us at flights@lifesanadventure.com.au with your requirements.

FOR AVAILABLE DEPARTURE DATES, SPECIAL OFFERS, PRICES AND BOOKINGS FOR THIS WALK CLICK HERE FOR... WWW.WOWMAZINGWALKS.COM.AU

**GOT QUESTIONS? WE'LL ANSWER THEM.
CALL US ON (02) 9975 4553 OR EMAIL: walks@lifesanadventure.com.au**



WHAT MAKES US 'WOW-MAZING' DIFFERENT? TAKE A LOOK.

LIFE'S AN ADVENTURE GIVES
YOU PACK FREE GUIDED WALKING
TOURS WITH OUR UNIQUE
WOW-MAZING INCLUSIONS LIKE...

... WILDERNESS CRUISES
TO REMOTE LOCATIONS - CHOPPER
FLIGHTS OVER STUNNING SCENERY
- MEETING LOCAL CHEFS AND
WINE MAKERS - DELICIOUS
PADDOCK TO PLATE DINING
- LOCALLY SOURCED WINES
- FLEXIBLE FITNESS WALKING
OPTIONS - FABULOUS BOUTIQUE
ACCOMMODATION - SURPRISE
& DELIGHT EXPERIENCES + MORE.

BOOK AND WALK WITH CONFIDENCE.

PERSONALISED TOURS

Our tours are curated to be personal and intimate with a maximum group size of 12 – 16 guests. However, if you'd like to have a bigger group, contact us for more details.

CEO GUIDES

Our guides are CEOs – Chief Experience Officers – and their passion is to give you a world-class walk. We pride ourselves on employing a talented team of passionate CEOs who all have a passion for their tour.

They're committed to your safety and have a genuine desire to provide an enriching, immersive and wow-mazing walking experience.

21 TOURISM AWARDS

We don't mean to boast but it is awesome to be recognised for having tours that people love walking on. We've won 21 Tourism Awards of Excellence including the Qantas Australian Tourism Award for Australia's Best Adventure Company. Awards are great, but our biggest accolade which we value even more, is that our clients come back and travel with us time and time again.

GENUINE ALL-INCLUSIVE

Our walking tours are all genuinely all-inclusive – so once you pay for your tour there are no hidden extras. During your evening meals, you won't need to put your hand in your pocket to pay for wine as it's included in the price of the tour and if your tour has a stunning scenic chopper flight or eco wildlife cruise – it's 100% part of your tour package. What's more – there are No Credit Cards fees.

FLEXIWALK

Our FlexiWalk is a new optional Add-On that allows guests to cancel their tour last minute and not be penalised. Exclusively designed by Life's An Adventure, this product gives our guests certainty in a time of uncertainty.

LEAVE ONLY FOOTPRINTS AFTER YOUR TOUR

Life's An Adventure commitment to sustainability ensures our guests enjoy, appreciate and learn the importance of preserving and protecting the landscapes we visit and its inhabitants. The ethos of our walking holidays across Australia is to minimise our footprint, working towards a leave no trace outcome and emphasizing the elements of conservation in all elements of operations across the business.

We are firmly against businesses that disturb our National Parks by the construction of buildings and structures. On all tours we utilise existing accommodation close to the trails, which not only support these local accommodation providers, but also minimises our impact on the environment.

We also support local communities by buying local produce, working closely with local businesses such as cruise companies, chefs, wineries and small local cafes with the same environmental ethos as us, as well as hiring local guides.



ECO TOURISM ACCREDITATION

We hold Eco Tourism Accreditation with EcoTourism Australia, this accreditation is given to ecologically sustainable tourism companies with a primary focus on experiencing natural areas that foster environmental and cultural understanding, appreciation and conservations.

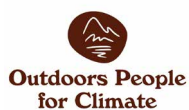


GREEN GUARDIAN PROGRAM

Our project is working with PWS, Birdlife Tasmania and the Department's Resource Management and Conservation Branch. Whilst walking along the wild and remote beaches in Tasmania, we will identify a number of threatened and vulnerable shorebird and migratory shorebird species. This important work will aid in assessing shorebird populations and habitat quality, both of which have been seriously affected by human activity. The vital information collected will be uploaded into the Department's Natural Values Atlas where it will assist in improving conservation outcomes, planning.

Life's An Adventure has partnered with the Tasmanian Parks and Wildlife Service to promote environmental conservation through the Green Guardian program. As part of the Green Guardian program, our guests are given conservation volunteer opportunities during their walks and decision making.

LEAVE ONLY FOOTPRINTS AFTER YOUR TOUR



OUTDOORS PEOPLE FOR CLIMATE

Life's An Adventure supports 'Outdoors People for Climate' who are a grassroots community of people who love, live, and work in the Australian outdoors. Climate change and other ecological stressors are causing irreversible damage to the wild places we love and will make it progressively harder for Australians to access the outdoors. Outdoors People for Climate are here to add to the growing call for meaningful, ambitious, and rapid political and business leadership on climate change in Australia. It is time for Australians to come together, listen to the science, take action, promote solutions and support positive change for people, the planet, and the outdoors. It's clear: when nature thrives, people thrive. What's more, individuals, communities, and governments already possess the solutions needed to tackle the climate crisis and in turn create a better future, but we must act urgently.



LEAVE ONLY FOOTPRINTS AFTER YOUR TOUR

CONSERVATION OF OUR ENVIRONMENT

Our walks are all in stunning natural areas, and we want them to be there for future generations to enjoy.

So on our tours we're super considerate and follow a few simple rules to minimise any environmental damage on our wow-mazing walk experiences for you to follow.

When Walking...

Stay on the track, even if it's rough or muddy. Walking on the track edges and cutting corners on steep, zigzagging tracks increases erosion and visual scarring.

Tread softly, choosing your footwear for the terrain. Often you will only need to wear lightweight walking boots or even running shoes.

If there are no tracks, spread out rather than follow each other's footsteps. A plant will be more likely to recover if walked on once than if stomped on by the whole party.

Appreciate and respect the local wildlife. Walk as quietly as possible. This reduces the likelihood of disturbing wildlife and increases the chances of seeing it.

Carry all rubbish with you. Even discarded organic litter such as apple cores or orange skin adds nutrients to the soil which can aid the spread of weeds.

Only use toothpaste and soap if you're at least 50m from any waterways, to prevent harm to fish and other wildlife.

Please don't feed native animals – it can damage their health and make them dependent on campers for food. The wrong food can cause birds to lay eggs with weak shells that break before the young can develop. Find out more about how feeding native animals can affect them, their behaviour and you.

No damage or removal of native plant species.

No removal of shells from beaches, coastal areas or inland middens.

Try to leave everything as you found it. Don't disturb historic places, Aboriginal sites, plants, animals or bush-rock.

LET'S INTRODUCE OURSELVES

THE LIFE'S AN ADVENTURE PACK-FREE STORY

Life's An Adventure Company Director Mark Norek was born and bred in Tasmania, and has a passion hiking ever since he was president of his high school bushwalking club. Mark started walking with his wife Vicki and to get her to walk more often he would add the finer things in life to the walk so that she would come along and do it more often... such as footbaths, bottles of wine and her favourite liqueur Bailey's for her!

This translated some 12 years ago into starting a business called Life's an Adventure where the goal is to make every walk a more enjoyable experience for all and taking heavy packs out of the equation – and hence we added the tag-line to our logo 'The Pack-free Walking Experience'

They also wanted to offer the best accommodation and fine dining in the area as we currently do on our Three Capes walking tour. They then added to that wow factors to reach more remote areas by helicopter or boat.

Mark and Vicki have carefully designed all our tours to give good value and quality in Pack Free walk, so you carry as little as your camera, water and raincoat (if required). Our guides are all passionate and are incredibly sociable and proud of their state, and this comes through with their guidance through the area.

Enjoy the walk, and feel free to share your photos with us of your memorable experience.



CONTACT US

CALL US : 02 9975 4553

TOUR ENQUIRIES: walks@lifesanadventure.com.au

MON-FRI: 9:00 am - 5:00 pm SAT-SUN: CLOSED

HEAD OFFICE: SHOP 7, 1306 PITTWATER ROAD, NARRABEEN NSW 2101

FOR OUR SIGNATURE TOURS WEBSITE - WWW.WOWMAZINGWALKS.COM.AU

FOR MORE THAN 90 DIFFERENT TOURS VISIT - WWW.LIFESANADVENTURE.COM.AU



- ECO CERTIFIED ECOTOURISM - GLOBAL SUSTAINABLE TOURISM COUNCIL MEMBER -
- 21 AUSTRALIAN AND STATE RECOGNISED TOURISM EXCELLENCE AWARDS -

IMAGE CREDITS: THE MAJORITY OF PHOTOS IN THIS BROCHURE HAVE BEEN TAKEN BY LIFE'S AN ADVENTURE GUESTS AND CEO GUIDES.