### WALK BAY OF FIRES

TASMANIA



WALKING IS ONLY PART OF THE ADVENTURE



## Prepare yourself for wow-mazing on our Bay of Fires pack free walk

Situated on the east coast of Tasmania, the Bay of Fires is a magical and remote landscape showcasing pure white beaches, vivid orange granite boulders and a ribbon of sapphire and emerald seas.

The Bay of Fires is a truly stunning destination and a photographer's paradise.

One of the biggest draw-cards of Life's An Adventure's 3 day Bay of Fires walk, is that it's Pack Free. Our guests won't be asked to carry their clothes or overnight bags for the entire walk. This is a big advantage in you'll avoid carrying an additional 8kg or more on your back every day. With Life's An Adventure, you'll carry as little as your water, camera and lunch.

On this 3 day experience, we walk along remote coastline, where it is unusual to see other travellers. We start at Mt William National Park discovering spectacular landscapes of remote castaway coves, then move on to explore scenic Boulder Point, Cobbler Rocks and Eddystone Point, where an impressive granite lighthouse built in 1889, sits on a point that juts out into the sea. We enjoy time at a pretty cove nicknamed Pirates Cove where we can rock hop out to the edge to get stunning views over the orange rocks down the coast and see pretty Sienna's Mermaid Pool.



### BRAG BIG ...wow-mazings

We carefully design our walking experience to add 'Wow" factors to every tour. These additional activities will enrich your tour and provide a walking experience that you couldn't create on your own, allowing you to reach remote areas that you normally couldn't get to in a day.

On the Bay of Fires pack free walk, you'll have the opportunity have this included wow-mazing experience you'll want to brag big about to everyone who'll listen to you!

#### COASTAL WILDLIFE ECO CRUISE

At Binalong Bay you'll join our wilderness eco cruise. This offshore experience will give you a different view of this amazing area and is home to a diverse range of marine life.

Our itinerary will depend on the weather but generally we head south through the picturesque Binalong Bay where we will explore the pretty coastline as we make our way to explore the Seal Colony, where you can experience seals frolicking in the water and on the imposing rocky outcrops.

Along the way, if we are lucky we may be met by some playful dolphins or a whale.





## Here's what is included in your Bay of Fires 3 day pack free guided walk

When you walk with Life's An Adventure you can be sure that our aim is to deliver a tour beyond your expectations.

When comparing other tours in this region be sure you check that you don't you have to carry your own gear, you don't have to camp and that your accommodation is not a long distance from where you are walking.

We believe our tours deliver exceptional value for money, with all the creature comforts you are after.

This is a Pack Free walk – so you'll carry as little as your water, lunch and camera each day.

Enjoy our genuine all-inclusive tour with no hidden extras.

Walking Tour inclusions:

1 night at Hotel Grand Chancellor Launceston.

Accommodation in our waterfront beach shack for two nights – situated on a beautiful bay set behind the Bay of Fires.

Wow Factor – Day 4 cruise to the Seal Colony or Bay of Fires area.

2 x superb dinners featuring wonderful Tasmanian produce.

Fine Tasmanian wine, boutique Tasmanian beers and non-alcoholic drinks served with dinner.

1 x breakfast at Hotel Grand Chancellor Launceston.

2 x hot and cold breakfasts at our water front accommodation.

3 x lunches whilst walking.

Fresh fruit and trail mix to enjoy during your walk.

Professionally guided – Our guides which we refer to as "CEO – Chief Experience Officers" who are passionate, well trained and enthusiastic with the ability to bring to life a depth of information.

Return transfers from Launceston and the Bay of Fires.

National Park Pass.



## Walking is only part of the adventure - there's also the fabulous local produce, wines and accommodation you'll experience too as included 'wows'.

During your walk you will indulge in sensational high quality produce that Tasmania is renowned. We pride ourselves on supporting local businesses and producers and your evenings will be spent savouring delicious cuisine featuring local produce, perfectly matched with local wines. You can expect to taste fresh seafoods, local meats and handcrafted cheeses. Our menus change with the local seasonal produce and special dietary requirements can be catered for too.



#### **BREAKFASTS**

Hot and cold breakfasts are enjoyed in the mornings. With tea and coffee available anytime.

#### LUNCHES

On day 1 we stop at the delightful seaside town of Bridport and collect our lunches from a local cafe. Day two and three we offer a huge selection of delicious ingredients to create your own masterpiece for lunch.

#### **DINNERS**

You'll delight in our purely Tasmania menus each night as we cook up a storm with choices such as Scottsdale Pork with Peaches and a Tasmanian Chardonnay Sauce and Pan fried Flathead cooked in delicious buckwheat which is gluten free friendly.

#### WINES

All our wines come directly from the local winery we pass en-route to our walk. We offer Tasmanian Ninth Island white and red wines and boutique beer, served with dinner as well as pre-dinner nibbles on this tour.

## Relax in charming and comfy beachside boutique accommodation at Anson's Bay

Nestled on the waterfront at pretty Ansons Bay is our accommodation fondly know as the Beachshack. This charming accommodation with it's beach decor is a lovely place to relax after a day's walking. The Shack is warm and cosy with indoor and outdoor fireplaces as well as dining room and lounge. Relax outside and watch the pelican landing on the bay as the sun sets over the water. The accommodation has six bedrooms and two bathrooms with two separate toilets. Bedding configurations vary from room to room, with two single beds in most rooms.















### HERE ARE A FEW KIND WORDS FROM OUR BAY OF FIRES WALK GUESTS

Just wanted to let you know that our Bay of Fires walk exceeded our expectations. We had a most enjoyable time and the group have made lasting friendships. We would especially like to acknowledge your staff for their commitment to making our experience one of a lifetime! Thanks for a great time. Thanks so much.

Val and Noe

Absolutely fabulous group, great company, beautiful walk in a beautiful area of Tasmania we have not been to before. The walk was at a good pace. The food and wine was first class and to be served by the guides meant we all felt well treated. I would strongly recently this company and would look to walk again with them.

Rernadette Saleme

I couldn't have been happier with my first life's an adventure tour. Glen and Jane were awesome guides. The food was amazing. I wouldn't hesitate to do another adventure.

Suzie Hillam

#### DAY ONE

#### ARRIVE LAUNCESTON

Today is an arrival day. Book your own flight to arrive any time into Launceston and make your own way to the Hotel Grand Chancellor in the heart of the city.

Your accommodation has been booked in a deluxe twin or deluxe king room. Accommodation is based on twin share (note: solo travellers will need to pay a single supplement cost of \$75).

Tonight enjoy a free evening to explore one of the many restaurants in Launceston, alternatively dine in the hotel's restaurant (at one's own expense).





#### DAY TWO

#### MT WILLIAM NATIONAL PARK TO DEEP CREEK





WALK SNAPSHOT

DISTANCE: 12 kms
HOURS: 5-5.5 hours
GRADE: Easy to Medium

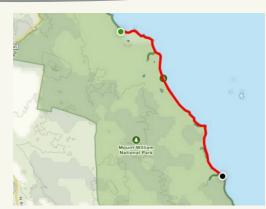
FITNESS: Good

TERRAIN: Mainly beach walking on compact

hard sand, with only slight inclines

when crossing headlands.

ELEVATION: 27 metres





#### DAY TWO

### MT WILLIAM NATIONAL PARK TO DEEP CREEK

#### TRANSFER TIMES

Morning: 2.5 hour transfer from Launceston to start of the trail. Stop en route in the pretty town of Bridport.

Afternoon: 15 minute transfer from end of walk to accommodation.

#### **WALK GRADE**

12kms. 5-5.5 hours walking with breaks. Easy to Medium Grade. Moderate to Good level of fitness required.

#### **TERRAIN**

Mainly beach walking on compact hard sand, with only slight inclines and some rock hopping when crossing headlands.

#### WALK ITINERARY

Enjoy breakfast in the hotel restaurant, before meeting your guides in the hotel foyer at 8.00am for our transfer to the Bay of Fires. We enjoy a scenic drive winding through rich farmlands to the northern part of Mount William National Park, with a short toilet and coffee stop en-route at the seaside town of Bridport.

We begin our walking adventure from Mt William National Park enjoying breathtaking, remote and untouched wilderness areas.

Our hike will start with an introduction to Mt William National Park, a safety brief and lunch at Stumpies Bay. The first two kilometres of the walk is a scenic mix of pristine white sand beaches and granite outcrops where evidence of Aboriginal occupation can be seen in the dunes.

From here you will enjoy some light rock hopping and secluded small bays.

The Walk now opens out onto Cod Bay where you'll stroll along 4 kms of gorgeous sandy beach. This is a great opportunity to spread out and take in the views of Georges Rocks.

After a short meander through the coastal heath we will reach our afternoon tea break nestled amongst the iconic fiery red rocks.

Our final six kilometres will start out through a series of small beaches and rocky headlands before we tackle our second long stretch, Purdon Bay. Which will bring us to our pick up location at Deep Creek, where our logistics guide will transfer the group to our water front accommodation (15mins).

Sit back and relax as our guides provide a delicious dinner served with Tasmanian Ninth Island wine for your enjoyment.







#### DAY THREE

## DEEP CREEK TO ANSONS BAY





WALK SNAPSHOT

DISTANCE: 14 kms
HOURS: 6.5 hours
GRADE: Easy to Medium

FITNESS: Good

TERRAIN: Mainly beach walking on

compact hard sand, with only slight inclines when crossing headlands.

ELEVATION: 36 metres



#### DAY THREE

### DEEP CREEK TO ANSONS BAY

#### TRANSFER TIMES

Morning: 15 minute transfer from our accommodation to the start of the trail.

Afternoon: walk directly into our accommodation.

#### WALK GRADE

14kms. 6.5 hours walking with breaks. Easy to Medium Grade. Moderate to Good level of fitness required.

#### **TERRAIN**

Mainly beach walking on compact hard sand, some soft sand, and coastal tracks with only slight inclines when crossing headlands.

#### WALK ITINERARY

After a hearty breakfast and a 15-minute transfer back to Deep Creek, we begin our walk. Setting off south after a couple of kilometres we will reach Picnic Rock, a photographer's paradise.

Our next stop will be at Eddystone Point Lighthouse where your guides will deliver interesting information on the construction of the granite lighthouse and history of the area.

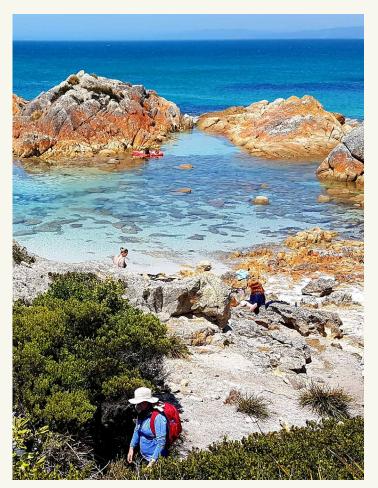
Afterwards we will enjoy morning tea at Eddystone Point rock pool, a spectacular inter-tidal zone; one of the many highlights of the day.

Continuing south of Eddystone Point, we explore Abbotsbury Beach, our longest sand stretch of the day (4kms). This is another great opportunity to spread out and spot some migratory bird species. At the end of Abbotsbury Beach we will enjoy lunch.

Following lunch we continue south into a series of shell coves that will take your breath away. This will bring us to the spectacular Baileys Rock, an ideal location for a swim in the crystal clear water.

With just 5kms to go we navigate one more rocky headland onto a shifting dune system that protects Ansons Bay from the sea. This area is an important refuge for nesting shore birds and has to be seen to be believed.

Over the dunes and around the bay, and before you know it you'll be enjoying Tasmanian cheese and refreshments in the backyard while your guides prepare another gourmet meal.







#### DAY FOUR

## HUMBUG RESERVE AND ECO WILDLIFE COASTAL CRUISE





**WALK SNAPSHOT** 

DISTANCE: 5 kms HOURS: 4 hours

GRADE: Easy to Medium

FITNESS: Good

TERRAIN: Mainly beach walking on

compact hard sand, with only slight

inclines when crossing headlands.

ELEVATION: 52 metres



#### DAY FOUR

## HUMBUG RESERVE AND ECO WILDLIFE COASTAL CRUISE

#### TRANSFER TIMES

Morning: 45 minute transfer from accommodation to start of the trail.

Afternoon: 2.5 hours transfer from end of walk to Launceston with stop en route in St Helens.

#### **WALK GRADE**

10kms. 3 to 3.5hrs walking plus breaks. Easy to Moderate level of fitness is required.

#### TERRAIN

Dirt trails through a dry sclerophyll forest.

#### **ITINERARY**

After breakfast we head to Binalong Bay to join our wilderness eco cruise. This offshore experience will give you a different view of this amazing area and is home to a diverse range of marine life.

Our itinerary will depend on the weather but generally we head south through the picturesque Binalong Bay where we will explore the pretty coastline as we make our way to explore the Seal Colony, where you can experience seals frolicking in the water and on the imposing rocky outcrops.

Along the way, if we are lucky we may be met by some playful dolphins or a whale. After our cruise we head out on our walking experience.

Today's walk offers a change of scenery as we head from the boathouse through the Humbug Point Nature Reserve with its pretty sclerophyll forest. This area has a diversity of plant, wildlife and bird species and its spectacular coastline makes for a wonderful walk.

Following this, your guides will transfer you back to Launceston with a stop in St Helens en route for a coffee.

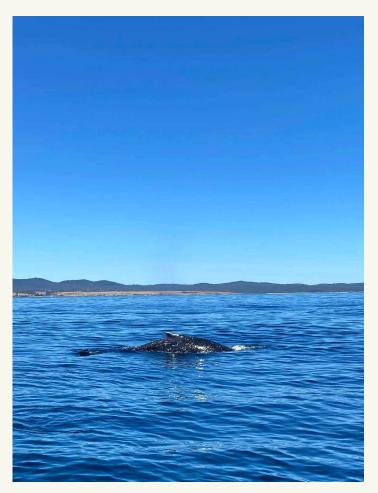
The journey back takes roughly 2.5 hrs and the guides are happy to drop you off to the airport prior to Launceston Hotels. A perfect end to a wow-mazing adventure.

#### ARRIVAL TIME

We will arrive back to Launceston at approximately 6pm. Note: if you are planning to fly out this day please do not book a flight before 6:45pm.

For those wishing to stay in Launceston contact the hotel directly to book accommodation for the night.









## BOOK YOUR BAY OF FIRES PACK FREE WALK TODAY

#### **DEPARTURE DATES - SEPTEMBER TO MAY SEASON**

Our Bay of Fires pack free walk season runs from September to May each year.

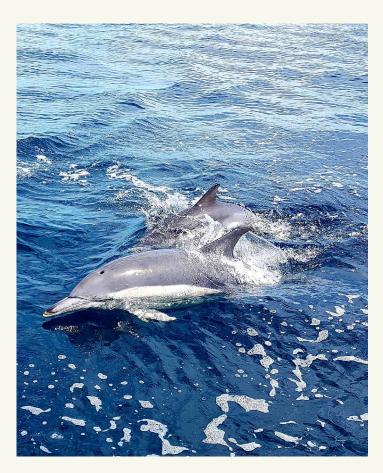
We have generally one departure a week during this time. Real time availability can be checked on our website below or call our office on (O2) 9975 4553.

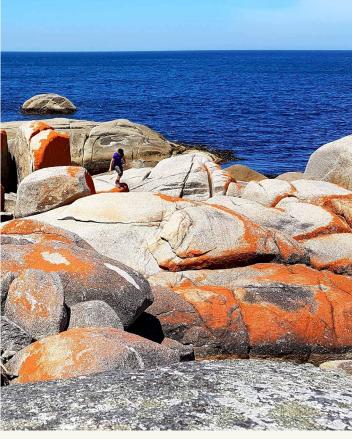
#### PRIVATE GROUPS

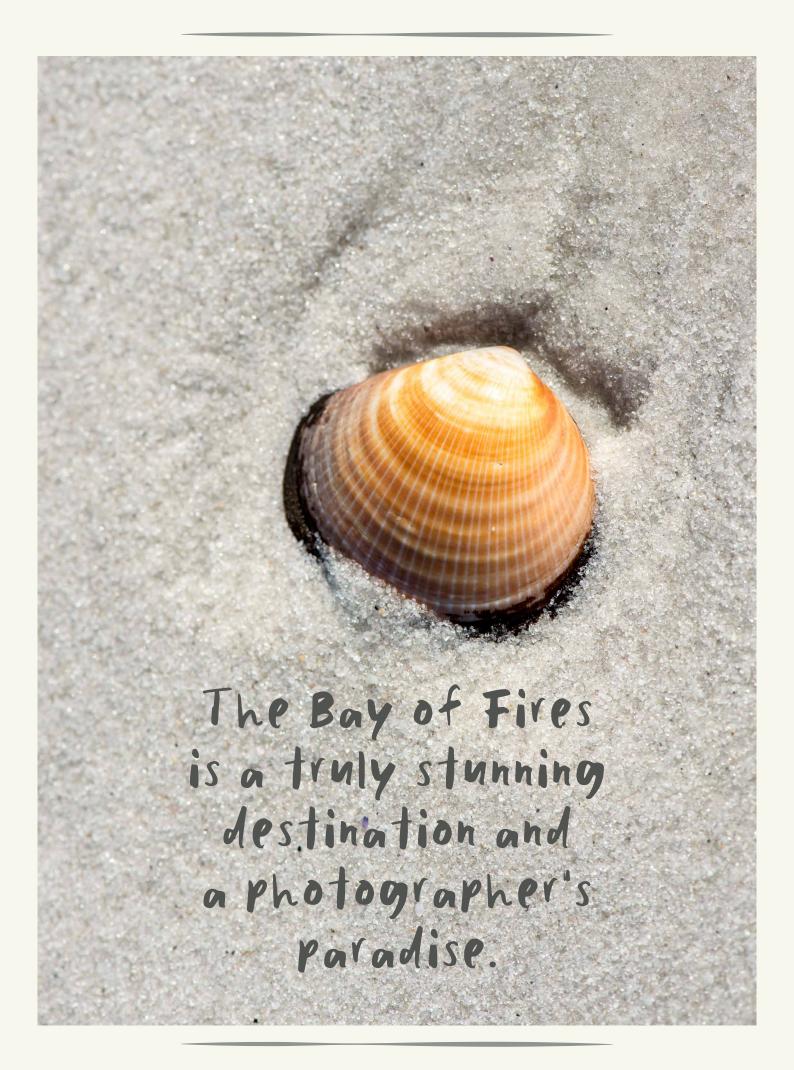
Groups of 10 or 11 can select a departure date of their choice. We advise booking as early as possible as dates fill up quickly. Ask us about Group Pricing.

FOR AVAILABLE DEPARTURE DATES, SPECIAL OFFERS, PRICES AND BOOKINGS FOR THIS WALK CLICK HERE FOR... WWW.WOWMAZINGWALKS.COM.AU

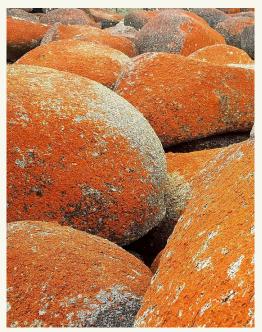
GOT QUESTIONS? WE'LL ANSWER THEM.
CALL US ON (02) 9975 4553 OR EMAIL: walks@lifesanadventure.com.au









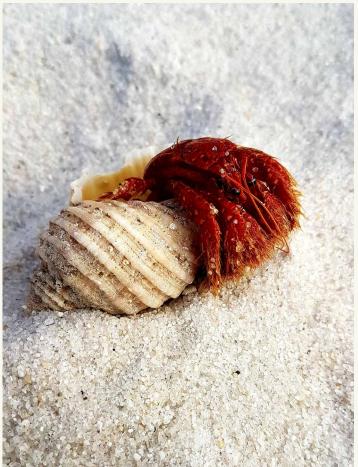
























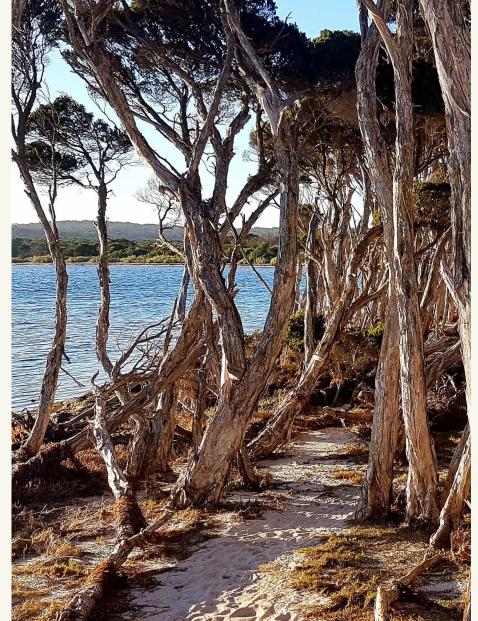
















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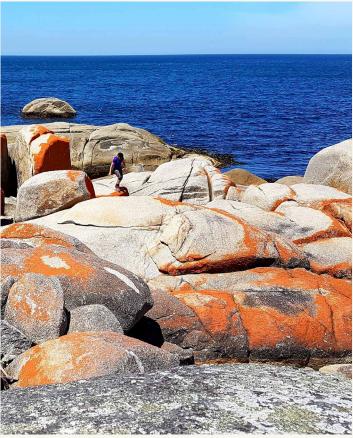
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# WHAT MAKES US 'WOW-MAZING' DIFFERENT? TAKE A LOOK.

LIFE'S AN ADVENTURE GIVES
YOU PACK FREE GUIDED WALKING
TOURS WITH OUR UNIQUE
WOW-MAZING INCLUSIONS LIKE...

... WILDERNESS CRUISES
TO REMOTE LOCATIONS - CHOPPER
FLIGHTS OVER STUNNING SCENERY
- MEETING LOCAL CHEFS AND
WINE MAKERS - DELICIOUS
PADDOCK TO PLATE DINING
- LOCALLY SOURCED WINES
- FLEXIBLE FITNESS WALKING
OPTIONS - FABULOUS BOUTIQUE
ACCOMMODATION - SURPRISE
& DELIGHT EXPERIENCES + MORE.

## BOOK AND WALK WITH CONFIDENCE.

#### PERSONALISED TOURS

Our tours are curated to be personal and intimate with a maximum group size of 12-16 guests. However, if you'd like to have a bigger group, contact us for more details.

#### **CEO GUIDES**

Our guides are CEOs – Chief Experience Officers – and their passion is to give you a world-class walk. We pride ourselves on employing a talented team of passionate CEOs who all have a passion for their tour. They're committed to your safety and have a genuine desire to provide an enriching, immersive and wow-mazing walking experience.

#### 21 TOURISM AWARDS

We don't mean to boast but it is awesome to be recognised for having tours that people love walking on. We've won 21 Tourism Awards of Excellence including the Qantas Australian Tourism Award for Australia's Best Adventure Company. Awards are great, but our biggest accolade which we value even more, is that our clients come back and travel with us time and time again.

#### **GENUINE ALL-INCLUSIVE**

Our walking tours are all genuinely all-inclusive – so once you pay for your tour there are no hidden extras. During your evening meals, you won't need to put your hand in your pocket to pay for wine as it's included in the price of the tour and if you tour has a stunning scenic chopper flight or eco wildlife cruise – it's 100% part of your tour package. What's more – there are No Credit Cards fees.

#### **FLEXIWALK**

Our FlexiWalk is a new optional Add-On that allows guests to cancel their tour last minute and not be penalised. Exclusively designed by Life's An Adventure, this product gives our guests certainty in a time of uncertainty.

# LEAVE ONLY FOOTPRINTS AFTER YOUR TOUR

Life' An Adventure commitment to sustainability ensures our guests enjoy, appreciate and learn the importance of preserving and protecting the landscapes we visit and its inhabitants. The ethos of our walking holidays across Australia is to minimise our footprint, working towards a leave no trace outcome and emphasing the elements of conservation in all elements of operations across the business.

We are firmly against businesses that disturb our National Parks by the construction of buildings and structures. On all tours we utlilise existing accommodation close to the trails, which not only support these local accommodation providers, but also minimises our impact on the environment.

We also support local communities by buying local produce, working closely with local businesses such as cruise companies, chefs, wineries and small local cafes with the same environmental ethos as us, as well as hiring local guides.



#### **ECO TOURISM ACCREDITATION**

We hold Eco Tourism Accreditation with EcoTourism Australia, this accreditation is given to ecologically sustainable tourism companies with a primary focus on experiencing natural areas that foster environmental and cultural understanding, appreciation and conservations.



#### GREEN GUARDIAN PROGRAM

Our project is working with PWS, Birdlife Tasmania and the Department's Resource Management and Conservation Branch. Whilst walking along the wild and remote beaches in Tasmania, we will identify a number of threatened and vulnerable shorebird and migratory shorebird species. This important work will aid in assessing shorebird populations and habitat quality, both of which have been seriously affected by human activity. The vital information collected will be uploaded into the Department's Natural Values Atlas where it will assist in improving conservation outcomes, planning. Life's An Adventure has partnered with the Tasmanian Parks and Wildlife Service to promote environmental conservation through the Green Guardian program. As part of the Green Guardian program, our guests are given conservation volunteer opportunities during their walks and decision making.

# LEAVE ONLY FOOTPRINTS AFTER YOUR TOUR



#### **OUTDOORS PEOPLE FOR CLIMATE**

Life's An Adventure supports 'Outdoors People for Climate' who are a grassroots community of people who love, live, and work in the Australian outdoors. Climate change and other ecological stressors are causing irreversible damage to the wild places we love and will make it progressively harder for Australians to access the outdoors. Outdoors People for Climate are here to add to the growing call for meaningful, ambitious, and rapid political and business leadership on climate change in Australia. It is time for Australians to come together, listen to the science, take action, promote solutions and support positive change for people, the planet, and the outdoors. It's clear: when nature thrives, people thrive. What's more, individuals, communities, and governments already possess the solutions needed to tackle the climate crisis and in turn create a better future, but we must act urgently.



# LEAVE ONLY FOOTPRINTS AFTER YOUR TOUR

#### CONSERVATION OF OUR ENVIRONMENT

Our walks are all in stunning natural areas, and we want them to be there for future generations to enjoy.

So on our tours we're super considerate and follow a few simple rules to minimise any environmental damage on our wow-mazing walk experiences for you to follow.

When Walking...

Stay on the track, even if it's rough or muddy. Walking on the track edges and cutting corners on steep, zigzagging tracks increases erosion and visual scarring.

Tread softly, choosing your footwear for the terrain. Often you will only need to wear lightweight walking boots or even running shoes.

If there are no tracks, spread out rather than follow each other's footsteps. A plant will be more likely to recover if walked ononce than if stomped on by the whole party.

Appreciate and respect the local wildlife. Walk as quietly as possible. This reduces the likelihood of disturbing wildlife and increases the chances of seeing it.

Carry all rubbish with you. Even discarded organic litter such as apple cores or orange skin adds nutrients to the soil which can aid the spread of weeds.

Only use toothpaste and soap if you're at least 50m from any waterways, to prevent harm to fish and other wildlife.

Please don't feed native animals – it can damage their health and make them dependent on campers for food. The wrong food can cause birds to lay eggs with weak shells that break before the young can develop. Find out more about how feeding native animals can affect them, their behaviour and you.

No damage or removal of native plant species.

No removal of shells from beaches, coastal areas or inland middens.

Try to leave everything as you found it. Don't disturb historic places, Aboriginal sites, plants, animals or bush-rock.

## LET'S INTRODUCE OURSELVES

#### THE LIFE'S AN ADVENTURE PACK-FREE STORY

Life's An Adventure Company Director Mark Norek was born and bred in Tasmania, and has a passion hiking ever since he was president of his high school bushwalking club. Mark started walking with his wife Vicki and to get her to walk more often he would add the finer things in life to the walk so that she would come along and do it more often... such as footbaths, bottles of wine and her favourite liqueur Bailey's for her!

This translated some 12 years ago into starting a business called Life's an Adventure where the goal is to make every walk a more enjoyable experience for all and taking heavy packs out of the equation – and hence we added the tag-line to our logo 'The Pack-free Walking Experience'

They also wanted to offer the best accommodation and fine dining in the area as we currently do on our Three Capes walking tour. They then added to that wow factors to reach more remote areas by helicopter or boat.

Mark and Vicki have carefully designed all our tours to give good value and quality in Pack Free walk, so you carry as little as your camera, water and raincoat (if required). Our guides are all passionate and are incredibly sociable and proud of their state, and this comes through with their guidance through the area.

Enjoy the walk, and feel free to share your photos with us of your memorable experience.



#### **CONTACT US**

CALL US: 02 9975 4553

TOUR ENQUIRIES: walks@lifesanadventure.com.au

MON-FRI: 9:00 am - 5:00 pm SAT-SUN: CLOSED

HEAD OFFICE: SHOP 7, 1306 PITTWATER ROAD, NARRABEEN NSW 2101

FOR OUR SIGNATURE TOURS WEBSITE - WWW.WOWMAZINGWALKS.COM.AU

FOR MORE THAN 90 DIFFERENT TOURS VISIT - WWW.LIFESANADVENTURE.COM.AU



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A SMALL NUMBER OF SUPPLEMENTARY IMAGES ARE COURTESY FROM TOURISM AUSTRALIA AND TASMANIA TOURISM.